

Reminders for Rosh Hashono 5778 – Rabbi Levi Y. Garelik

בס"ד

Elul 5777

To my dear fellow members of Anas"n, at the community adjacent to the EU, Brussels.
And virtualcommunity@sichosonline.org

We should be Zoche to hear the Shofar Godol through Moshiach Tzidkeinu immediately.

Rabbi Levi Y. Garelik
Rabbigarelik@sichosonline.org

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Reminders for ראש השנה and עשרת ימי תשובה—5778

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The following list of "Reminders" (not a substitute for learning the Halochois....) are written primarily for the family. Experience has shown that it is best if both husband and wife review each day thoroughly so that miscommunications and last-minute panics can be avoided, and *Yom Tov* can be celebrated joyfully.

Please post this on the refrigerator or another central location.

Things to buy (and take care of) in the days before ראש השנה:

1. **Machzorim:** For the whole family.
2. A **Shofar:** For use at home, *Chabad house* and *Mivtzoim*.
3. **Baal tokeia** (most *Shluchim*): A new *bege* for the *shehecheyonu* of the second day of *Rosh Hashono Tekiyos*.
4. **Wine:** For *Rosh Hashono* and *Sukos* (9 days).
5. **Honey:** Enough for the entire month of *Tishrei*.
6. **Sweet Apples:** For the first night of *Yom Tov*.
7. **Pomegranate – Rimon:** For the first night of *Yom Tov*.
8. **Head of a Ram, Sheep, or Fish:** For the first night of *Yom Tov*.
9. **Carrots (Mehren):** For the first night of *Yom Tov*.
10. **A New Fruit - Shehecheyanu:** For the second night of *Yom Tov*.
11. **Challos:** Many have the custom to have **Round Challos** on *Rosh Hashono*.
12. **Long-lasting candles:** Those who do not have a gas flame lit over *Yom Tov* should light a long-lasting candle (like a *yortzeit licht* that lasts for at least 48 hours) to be able to light candles on the second night of *Yom Tov* (or the gas range) and Friday evening. However, those who have household help should light one even if there is a gas flame lit, for sometimes the maid turns off the flame.
13. **2-3 (5) Yortzeit licht:** for those who have the custom light a "*Tshuva licht*" for *Shabos Shuva* [*Minhag Chabad* is to light three *Shabos-Shuva* candles] and a "*Lebedike licht*" (and a "*Ner Neshama*") for *Yom Kippur*.

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14. **“Tshuva licht” for Shabbos Shuva:** This year *Shabbos Shuva* falls out in proximity to *Rosh Hashono*. Therefore, some have the custom to light the candle(s) on *Erev Shabbos*, which is the second day of *Rosh Hashono* and a regular *Yortzeit licht* will suffice. However, those that have the custom to light it (them) on *Erev Rosh Hashono*, the candle(s) needs to last for at least three days.
15. **Neironim:** If one uses glass holders for candles that must be cleaned in between each use, make sure there are enough to use for both days of *Yom Tov* and *Shabbos* (as there is a *Shailo* if it is permitted to remove the metal washer on *Yomtov*).
16. **Carbon monoxide detector:** Those who have the gas on for a prolonged time during *YomTov* should ensure that they have proper ventilation and that they have a proper carbon monoxide alarm system in place. Make sure to test it a couple of days before *YomTov*.
17. **Kittel:** Ensure that one who needs, has a **Kittel** (for *Yom Kippur*).
18. **Daled Minim (Lulav etc.):** ensure that the father has arranged for the buying of the *Daled Minim*.
19. **Tzedokoh:** Give extra **Tzedokoh** for those who do not have basic needs for *Yom Tov* (like *Maos Chitim* before *Pesach*)

From Chof Hay (25th of) Elul through Rosh Hashono:

The *Friediker Rebbe* recounted that the earlier *Chasidim* used to learn every day, from *Chof Hay Elul* until *Rosh Hashana* the portion in *Bereishis* th that discusses the creation that corresponds to that day. On *Chof hay* until יום אחד; on *chof vov* till יום שני etc.

Shabbos Parshas Nitzovim-Vayelech:

- * **Tehillim:** We recite the whole *Tehillim* before *Shacharis* just like *Shabbos Mevorchim*. However, we do not “*Bentch*” the month before *Mussaf* (see in *Hayom Yom* the explanation in the name of the *Alter Rebbe*, that this month is blessed by *Hashem* etc.)
- * **Av Harachamin:** Before *Musaf* we say *Av Harachamim*.
- * **Tzidkoscho:** in *Mincha* we say *Tzidkoscho*.
- * **Pirkei Avos:** we recite chapters 5-6. The *Mishna* of “*kol Yisroel*” and “*Rabbi Chananya ben Akashiya*” are said only once.

Motzoei Shabbos:

- * **Ato Chonantonu:** We recite *Ato Chonantonu* in the *Amidah*.
- * **Vih noam** and **V’ato Kodosh** – are not recited tonight.

After midnight:

- * **Slichos** is recited, and we continue doing so every morning before *Shacharis* until *Erev Rosh Hahshono*.

Wednesday - Erev Rosh Hashana (Birthday of the Tzemach Tzedek) 29 Elul:

1. Slichos, Shacharis, Hatoras Nedorim:

- * **Longer Slichos and Hatoras Nedorim:** One should remember that *Selichos* in the morning are longer than usual, and *Hatoras Nedorim* (which is performed after *Shacharis*) can take at least half an hour.

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* After *Slichos*, *Tachanun* is not said and the *Shofar* is not blown.

2. *Pan to the Rebbe*

* A פ"ג (*Pidyon*) is sent to the Rebbe. Those who are in proximity of the *Ohel*, go to the *Ohel* on *Erev Rosh Hashono*.

3. *Tzedaka*

* Additional *Tzedaka* is given specifically to assist those in need with the necessities for *Yom Tov*.

4. *Foods for Rosh Hashono:*

* Ensure that all items in the list above were bought.

* We do not cook the fish in vinegar (and we do not eat acidic foods like lemon etc. however spices and onions may be added to cooked foods).

* Many have the custom to have round *Challos* for *Rosh Hashono*.

* Nuts are not eaten on *Rosh Hashono*.

5. *Tekiyas Shofar*

* Arrange where the mother and children will hear *Shofar* tomorrow.

Eruv Tavshilin:

REMEMBER TO MAKE AN ERUV TAVSHILIN!

Take a whole *matza* or *challah* and a *kazayis* of a cooked item like fish or meat. Hand this to someone (older than *Bar Mitzva*) who is NOT a member of the household, and say the *Nusach* that is written in the *siddur*. Put the *Eiruv* aside until *Shabbos* when it should be eaten (see below).

Reminder: The *Eiruv Tavshilin* is **not** only for **cooking** from *Yom Tov* to *Shabbos*, **but also for lighting candles on Friday evening**. Therefore, those who will not be eating at home on *Shabbos*, should light where they will be eating or should at least put up some water to cook for *Shabbos* to enable them to make an *Eruv Tavshilin*. If they are not putting up anything to cook but they are lighting candles at home (from a pre-existing flame), should make an *Eruv Tavshilin* without a *Brocho*,

Closer to YomTov:

Additional Hidur

* One should take upon himself an additional הידור for the year.

Shabbos clocks

* Ensure that the “*shabbos* clocks” are set for three days.

* **Tehillim:** From one hour before *Mincha* every spare moment of both days of *Yom Tov* should be used for saying *Tehillim*.

* **Mincha** is davened as usual. Being that it is the last *Tefillah* of the year, a *Cheshbon Hanefesh* should be made.

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First evening of Rosh Hashana:

Before lighting *YomTov* candles:

1. Light the long-lasting candle (if there is no gas fire lit), to last for two days (at least till right before *Shabbos*), and it should be put in a safe place.
2. Ensure that the “*shabbos* clocks” are set for three days.
3. If you are using a gas flame, ensure that it is lit.
4. Extra *Tzedaka* is given, for two days of *Yom Tov* and *Shabbos*.
5. [See point 13 above in page 1 regarding the *Tshuva Licht*]

Candle lighting:

* Candles should be lit 18 minutes before sunset, just like every *Erev Shabbos*. (See local calendar). However, if one missed the correct time they may light later **from a pre-existing flame** (preferably right before the meal).

* Two *Brachos* are said when lighting candles: **1.** של יום הזכרון **2.** שהחיינו

* A man who is lighting candles does not recite “*Shehecheyanu*” now, he will do it later at *Kidush*.

* **Women and girls that are eating elsewhere should not forget to light candles.**

* **Smoking:** Those who usually smoke, refrain from doing so on *Rosh Hashono*.

* **Tehillim:** Every spare moment of both days of *Yom Tov* should be used for saying *Tehillim*.

Maariv:

1. Some *Tehillim* is said before *Maariv*. Many times, in the Rebbe’s minyan, they sang *Ovinu Malkeinu* before *Maariv*.

2. *Davening* begins with שיר המעלות.

3. In the *Amidah* we add (the *Nusach* described in the *Machzor*, which also includes):

זכרנו לחיים, מי כמוך, המלך הקדוש, וכתוב, ובספר חיים, עושה השלום.

- If one forgot ובספר וכתוב, מי כמוך – if they remember before they say “ה” (of ברוך ה' אתה that concludes that *Brocho*) the additional phrases are then said. If one remembers after saying *Hashem*’s name, one does not go back.
- If one said (or is not sure if he said) הא-ל הקדוש and immediately remembered -correctly say המלך הקדוש
- If one said (or is not sure if he said) הא-ל הקדוש and remembered a little bit after (after תוך כדי דיבור), or already began to say אתה בחרתנו, he returns to the beginning of the *Amidah*.
- If one said "הא-ל" and did not yet say "הקדוש" one can correct himself.
- If one said "לדור ודור...וקדושים בכל יום יהללוך סלה ברוך אתה ה' המלך הקדוש" and forgot to say "וכו" one does not need to go back, and continues *davening*. (If one is unsure, he can continue *davening*).

4. Before *Oleinu* we say *Ledovid Mizmor*.

* After *Maariv* we wish each other "לשנה טובה תכתב ותחתם". To women: לשנה טובה תכתבי ותחתמי.

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Kidush and meal:

* Before the meal begins, ensure that all women have lit candles. If there are not enough candles, do not rely on lighting after the meal, rather borrow candles from a neighbor so that all the women can light candles before beginning the meal.

- * The Rimon/pomegranate is placed on the table before *Kiddush*, (if it is new fruit for this year - one may have it in mind when saying the *Brocho* of "שהחיינו" of *Kidush*).
- * The *Challah* is dipped in honey. [Salt should also be placed on the table (always). It is said that the *Rebbe* would eat the first piece of *Challah* with honey and then dip an additional piece in salt.]
- * After eating *Challah*, the apple is cut and dipped in honey and we say the *bracha* בורא פרי העץ (having in mind that this *bracha* will suffice also for dessert) and then recite the "יהי רצון וכו'" and the apple is eaten.
- * After this, the pomegranate is eaten. During the meal the head of the fish and carrots are eaten as well.
- * In *Birchas Hamazon* we add "Yaale veyavo" and "Horachamon" of *Yomtov* and of *Rosh Hashana*.
- * If one forgot to say יעלה ויבא:
 1. If one has not yet said "ברוך" of the *bracha* of הטוב והמטיב, then say ברוך...אשר נתן ימים טובים...ויום .
הזכרון" as printed in the *siddur*.
 2. If one already said "ברוך" of הטוב והמטיב, then one returns to the beginning of *Birchas Hamazon* .

Thursday - The First Day of Rosh Hashana:

- * Only those in good health should not eat before hearing the *Shofar*. (This generally would **exclude** women, especially since they may have to wait until after *davening* to hear the *Shofar*).
- * If possible, arrangements should be made to bring children to *shul* for *Birchas Kohanim* which takes place at the end of *Mussaf*.
- * After *Shacharis* and *Krias Hatorah*, the *Shofar* is blown.
- * If someone is blowing *Shofar* for a woman (or for a man who has not heard *Shofar*, but can make the *Brocho* himself), and he himself has already heard *Shofar*, the woman (or the man) should say the *Brocho*.

Kidush and the meal

- * *Kiddush* today is תקעו וגו'.
- * The *Challah* should be dipped as last night.
- * In *Birchas Hamazon* we add "Yaale veyavo" "Horachamon" of *Yomtov* and *Rosh Hashono*.
- * If one forgot to say יעלה ויבא:
 1. If one has not yet said "ברוך" of the *bracha* of הטוב והמטיב, then say ברוך...אשר נתן ימים טובים...ויום .
הזכרון" as printed in the *Siddur*.
 2. If one already said "ברוך" of הטוב והמטיב, then one does **not** need to go back to the beginning.

During the day

- * Lubavitch custom is, to go on "Mivtza Shofar" to blow *Shofar* for people who did not have the opportunity to hear it yet (hospitals, old-age-homes, private individuals etc.)

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Preparations for the second day or Shabbos:

- * During the first day of *Yom Tov* one is not allowed to prepare anything for the second day of *Yom Tov* nor for *Shabbos*. We wait until after *Tzeis Hakochovim* with any preparations.

Mincha

- * The order is as follows: *Korbonois, Ashrei, Uvo Lezion, Amida of Rosh Hashono, Ledovid Ori, Oleinu*.

Tashlich

- * **Tashlich:** After *Mincha*, before the *Shkiah* (sundown) we go to *Tashlich*. [if someone couldn't make it, they can go during *Aseres Yemei Tshuva* – on 8 Tishrei].

Thursday evening - the second night of Rosh Hashanah:

- * Women can begin preparing for the meal after *Tzeis Hakochovim/nightfall*. (see local calendar for times).
- * *Maariv* is the same as yesterday.

Candle lighting

- * The new fruit is placed on the table (or a new dress is worn) before lighting the candles and one should have it in mind when saying the *Bracha* of *שהחיינו*. If the fruit (or the new dress) is not available, the *Bracha* is still said.
- * There are those that light candles after nightfall (see local calendar) and others have the custom to light them right before *Kiddush*.
- * Light candles from a **pre-existing flame**.
- * The *Brachos* are the same as yesterday.
- * **Those that are not eating at home do not forget to light candles.**

Kidush and the meal

- * The new fruit is placed where it can be seen by those making *Kiddush*, so they can have it in mind when saying the *bracha* of *שהחיינו*. If the fruit is not present, the *bracha* is still said.
- * After *Kiddush* the new fruit is eaten (and *שהחיינו* is not said). If one ate a *כזית* (as is the custom) a *bracha achrona* is said (on the fruit, but not on the wine.) Then we go to wash for *Challah*.
- * The *Challah* should be dipped as in the previous meals.
- * In *Birchas Hamazon* we add "*Yaale veyavo*" "*Horachamon*" of *Yomtov* and *Rosh Hashono*.
- * If one forgot to say *יעלה ויבא*:
 1. If one has not yet said "*ברוך*" of the *bracha* of *הטוב והמטיב*, then say *ברוך...אשר נתן ימים טובים.. ויום* "הזכרון". As printed in the *Siddur*.
 2. If one already said "*ברוך*" of *הטוב והמטיב*, then one returns to the beginning of *Birchas Hamazon*.

Friday - The second day of Rosh Hashana:

- * Those in good health should not eat before hearing the *Shofar*. (This generally would **exclude** women, especially since they may have to wait until after *davening* to hear the *Shofar*)

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- * If possible, arrangements should be made to bring children to *shul* for *Birchas Kohanim* which takes place at the end of *Mussaf*.
- * **Yizkor:** On Vov Tishrei 5743 the Rebbe said that the *Rabeim* would say *Yizkor* on *Rosh Hashono* quietly to themselves. The Rebbe left it for every individual to decide whether he should say it (I think they should). This is after *Krias Hatorah* before *Tekiyas Shofar*.
- * After *Shacharis* and *Torah* reading, the *Shofar* is blown.
- * At the end of *Musaf* is *Birchas Cohanim*.
- * If someone is blowing *Shofar* for a woman (or for a man who has not heard *Shofar*, but can make the *Brocho* himself), and he himself has already heard *Shofar*, the woman (or the man) should say the *Brocho*.

Kiddush and the meal

- * **Kiddush:** The *Nusach* for *Kiddush* is 'תקעו וגו'
- * The *Challah* should be dipped as in the previous meals.
- * In *Birchas Hamazon* we add “*Yaale veyavo*” “*Horachamon*” of *Yomtov* and *Rosh Hashono*.
- * If one forgot to say יעלה ויבא:
 1. If one has not yet said "ברוך" of the *bracha* of הטוב והמטיב, then say "ברוך... אשר נתן ימים טובים... ויום הזכרון".
 2. If one already said "ברוך" of הטוב והמטיב, then one does **not** need to return to the beginning of *Birchas Hamazon*.

During the day

- * We again go on “*Mivtza Shofar*” like yesterday.
- * Remember *Shnayim Mikro V'echod Targum* (for *Shabbos Haazinu*).

Preparations for Shabbos:

- * Anyone who made an *Eruv Tavshilin* – should prepare any cooking that needs to be done for *Shabbos* early on in the day – so that there is enough time before *Shabbos* for the food to be fully cooked and ready to eat (including the *cholent*.)

Mincha

- * In *Mincha*, הודו is not said but פתח אליהו and ידיד נפש are said. אבינו מלכינו is not said.

Friday evening - candle lighting:

- * Candles should be lit 18 minutes before *Shkiah* - sunset (See local calendar for times).
- * See point 15 on page 2 above regarding the *Tshuva Licht*].
- * Fire should be taken from a **pre-existing flame**.
- * Only one *Bracha* is said – להדליק נר של שבת קודש
- * **Those that are not eating at home should not forget to light candles at home before, at the proper time, or should go to their hosts and light there 18 minutes before *Shkiah*.**

When *Yom Tov* would fall out like this year (where *Rosh Hashono* ends on Friday evening), the Rebbe would *Farbreng* now after *Mincha* (and sometimes even wash for *Challoh*). They would say *Lechaim* until before the *Shkiah*, or perform “*Pores Mapa*” (stop for *Kidush*). They would sing the *niggunim* of all the *Rabbeim*;

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the Rebbe would say several *sichos* and a *Maamor*; כוס של ברכה would be distributed the next day, after the *Farbrengen* of *Shabbos* afternoon or the *Farbrengen* of *Motzoei shabbos*.

Friday Night – Shabbos Shuvah (Tzom Gedaliya nidche):

* Between *Rosh Hashana* and *Yom Kippur* there are seven consecutive days, including one of each of the days of the week. These days should be used for rectifying and completing the *avodah* that was done in the past year, and as a preparation for the *avodah* that will be done in the coming new year. Sunday corresponds to all the Sundays of the year, etc., and *Shabbos Shuva* corresponds to all the *Shabbasos* of the year.

Kabolas Shabbos and Maariv:

- We begin from מזמור לדוד.
- In *Maariv* remember to say:
זכרנו לחיים, מי כמוך, המלך הקדוש, וכתוב, ובספר חיים, עושה השלום.
- If one forgot, - see below in *Aseres Yemei Teshuvah*.
- In מגן אבות we say המלך הקדוש.
- We greet each other with: א. גוט יאר. (During עשרת ימי תשובה we say גמר חתימה טובה).
- It is a *minhag* to use the *Challah* of the *Eiruv Tavshilin* as לחם משנה but not to cut it and eat it (until tomorrow – see below).

Shabbos Shuva:

- * *Davening* is like regular *Shabbos* but do not forget the additions of *Aseres Yemei Tshuva* outlined below.
- * After ישתבה we add "שיר המעלות".
- * During the meal, it is a *minhag* to use the *Challah* from the *Eiruv Tavshilin* as לחם משנה [some eat it at [סעודה שלישיית].
- * The fish/meat from the *Eiruv Tavshilin* should be eaten.

Motzoei Shabbos Shuva:

- * In *Maariv* remember to add *Ato Chonantonu and:*
זכרנו לחיים, מי כמוך, המלך הקדוש, המלך המשפט, וכתוב, ובספר חיים, עושה השלום.
- If one forgot, see below in *Aseres Y'mei Teshuvah*.
- * We say ואתה קדוש and ויהי נועם.
- * *Havdala* is as usual and ויתן לך is recited.

Aseres Y'mei Teshuvah:

- * *Shacharis:* After ישתבה we add "שיר המעלות".
- * In *Shemone Esrei* add seven things:
זכרנו לחיים, מי כמוך, המלך הקדוש, המלך המשפט, וכתוב, ובספר חיים, עושה השלום
- * If one forgot ובספר וכתוב, מי כמוך, זכרנו, – if they remember before they say "ה'" (of אתה ה' that concludes that Brocho) the additional phrases are then said. If one remembers after saying *Hashem's* name, one does not go back.
- * If one said הא-ל הקדוש (or isn't sure) and immediately remembered - correctly say המלך הקדוש.

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- * If one said הא-ל הקדוש (or isn't sure) and remembered a little bit after (after תוך כדי דיבור), or already began to say אתה הונן, he returns to the beginning of the *Amidah*.
- * If one said "הא-ל" and did not yet say "הקדוש" one can correct himself.
- * If one is unsure if he said המלך הקדוש he should return to the beginning.
- * If one said "מלך אוהב צדקה ומשפט" and immediately remembered –he should say המשפט.
- * If one said "מלך אוהב צדקה ומשפט" and remembered a little later, or started ולמלשינים, or forgot totally, he finishes the *Amidah*. However, it is best if he repeats the *Amidah* as a תפלת נדבה.
- * **Ovinu Malkeinu:** The full *Ovinu Malkeinu* is said each day of *Aseres Yemei Teshuvah* during *Shacharis* and *Mincha* (besides for Friday afternoon, *shabbos* and *Erev Yom Kipur*).

Sunday - Tzom Gedaliah (Fast of Gedaliah):

The fast:

- * Pregnant and nursing women do not need to fast. Anyone who is not feeling well or finds it difficult to fast, should please contact the *Rov* **ahead of time**.
- * After one goes to sleep, even if he wakes up in middle of the night, is not permitted to eat. If it is difficult to fast, and it is easier if he eats early in the morning (before dawn), then one must declare his intentions (before he goes to sleep) to wake up early and eat.
- * The fast begins at Alos Hashachar/dawn (see local calendar for times).

Shacharis

- * We add **Shir Hamaalos** before *Yishtabach*.
 - * In the *Shemone Esrei* we add 7 things:
זכרנו לחיים, מי כמוך, המלך הקדוש, המלך המשפט, וכתוב, ובספר חיים, עושה השלום.
- If one forgot, see above in *Aseres Yemei Teshuvah*.
- * *Selichos* are said in middle of *Shacharis*, (after *Tachanun*) before *Avinu Malkeinu*.
 - * In *Ovinu Malkeinu* we say "כתבנו" as in all of the *Aseres Yemei Teshuva*.
 - * [We read the *Torah* – *Vayechal. Chatzi Kadish* but no *Haftorah*].

Mincha:

- * In *Mincha*, we read in the *Torah Vayechal* with the *Haftorah* and then *Chatzi Kadish*.
- * Those who are fasting add ענו in the *Amidah*.
- * If one forgot and remembered after saying *Hashem's* Name in the *Brocho* of תפלה, should say it after אלקי נצור before the second יהיו לרצון. If one finished the *Amida*, he does not have to repeat it.
- * After *Tachanun*, the long *Ovinu Malkeinu* is recited. We say "כתבנו" as in all of the *Aseres Yemei Teshuva*.
- * After *Mincha* the Rebbe would say a *Sicha*.

Monday Hey Tishrei:

Important notice regarding Yom Kippur: Pregnant or nursing women (or someone who is ill ל"ע) who have a hard time fasting should **first consult their doctor** regarding their situations **and only then** consult the *Rav*. This should be taken into account enough time before *Yom Kippur* so that it can be properly taken care of. Anyone who is on medication that must be taken every day should do the same. **PLEASE DO NOT WAIT FOR THE LAST MINUTE TO ASK A SHAILA..... take care of it – TODAY!**

Reminders for Rosh Hashono 5778 – Rabbi Levi Y. Garelik

Tuesday - Vov Tishrei - Yahrtzeit of Rebbetzin Chana, the Rebbe's mother.

* The Rebbe would *farbreng* on this day.

Thursday Ches Tishrei:

* If *Tashlich* was not done on *Rosh Hashono*, it can be done today.

- To Be Continued-

Wishing everyone a *Ksiva Vachasima Tova, Leshana Tova Umesuka* and may we merit to hear the *Shofar Gadol* this year!

Rabbi Levi Y. Garelik

Rabbigarelik@sichosonline.org