בס"ד. שלהי תמוז תשע"ט

To the families of *Anas"h* of the community at the EU – Brussels And the members of <u>virtualcommunity@sichosonline.org</u> 'שי'

Reminders for the month of Menachem Av and Tisha Beav/Shabbos 5779

Please display on the refrigerator etc. where it can be in clear view.

[May not be posted on any website without written permission from the author]

May these days, and Tisha Beav "Nidche" (pushed off because of Shabbos), quickly turn into days of joy, with the revelation of *Moshiach Tzidkeinu* immediately!

Rabbi Levi Yitzchok Garelik Rabbigarelik@sichosonline.org

* * * * *

Throughout the 9 days

- Siyum: It is customary to hear and take part in a 'Siyum Maseches' (completion of a tractate of the Gemoro) each day of the nine days (even on the radio etc. but we do not eat meat afterwards). On the last page of this document there is a schedule of the siyumim that will be said on the Radio in the NY area. We give Tzedoko during the Siyum. [I will be making the Siyum on Tuesday (hey Menachem Av) evening at 5:00 PM].
- **Torah, Tzedakah:** We add in the learning of *Torah* and giving *Tzedokoh* based on the *Possuk* איון במשפט תפדה ושבי' בצדקה.
- *Hilchois Beis Habechira:* There are eight chapters in the laws of the *Bais Hamikdosh* of the *Rambam*. Every day we learn (at least) one chapter.
- Shehecheyonu: We do not recite the blessing of Shehecheyonu, even on Shabbos.
- Bris Mila and Pidyon Haben: If there is a Bris or Pidyon Haben, we do eat meat and drink wine.
- **Tish'a B'av shoes:** If one does not have shoes for *Tish'a B'Av*, it is permissible to buy them during the nine days.
- **Pregnant or nursing women** who find it hard to fast should consult (a doctor, and then) the *Rov. Please do not wait until the last minute!*
- *Kidush Levono:* It is not recited until Sunday night (after *Tish'a Be'Av*).

Monday - 4 Menachem Av – 38th Siyum HoRambam!!!

Tuesday - 5 Menachem Av – Yohrzeit of the Ariza"l

• It is an auspicious day to devote to disseminating the wellsprings of *Chassidus*.

Erev Shabbos Chazon

- Toiameho Chayim Zochu: When preparing the food for Shabbos, it is permissible to taste the fleishig foods to see if they taste good [but we do not partake of the food like every Friday to fulfill (טועמי' חיים זכו].
- Children: may have chicken in the afternoon before Shabbos.
- *Mikva*: The *Minhag* of *Chassidim* is to go to the *Mikva* on *Erev Shabbos Chazon* like every *Erev Shabbos*.
- In honor of *Shabbos* we wear *Shabbos* clothing as usual.
- Before *Shabbos,* we bring the *Tish'a Beav* shoes to *Shul*. If one forgot see below in the *"Motzoei Shabbos"* section.

Shabbos Chazon

* **The famous** *Moshol* (parable): It is a *mitzvah* to publicize, especially in the name of the one who said it, the famous *Moshol* of R' Levi Yitzchok of Berditchev about *Shabbos Chazon*, with the father and son and the three suits. See *Likutei Sichos Shabbos Chazon* – Volumes *Beis, Tes, Chof Tes, Lamed Tes* etc.

Here is the *Moshol*:

"A father once prepared a beautiful suit of clothes for his son. But the child neglected his father's gift, and soon the suit was in shreds. The father gave the child a second suit of clothes; this one, too, was ruined by the child's carelessness. So, the father made a third suit. This time, however, he withholds it from his son. Every once in a while, on special and opportune times, he shows the suit to the child, explaining that when the child learns to appreciate and properly care for the gift, it will be given to him. This causes the child to improve his behavior, until it gradually becomes second nature to him—at which time he will be worthy of his father's gift.

On the "Shabbat of Vision," says Rabbi Levi Yitzchak, each and every one of us is granted a vision of the third and final Temple—a vision that, to paraphrase the Talmud, "though we do not ourselves see, our souls see." This vision evokes a profound response in us, even if we are not consciously aware of the cause of our sudden inspiration. (Chabad.org)

* Those who accept Shabbos early: may eat meat in the meal.

Shabbos day in the morning

* *Mikva: Minhag* of *Chassidim* is to go to the *Mikva* on *Shabbos Chazon* in the morning like every *Shabbos* morning.

* Learning Chitas, Rambam etc.: Before Davening, we learn the Chumash and Tanya of Chitas, and the daily Rambam so they can be done before Chatzos (midday). If one didn't manage, there are opinions that say that (tehillim and chumash) may be done until the Shkia (sunset).

* **Krias Hatorah** is read as usual, i.e. the *Aliya* of *Sheni* begins as regular from *"Eicha"*. I heard this from my wife's grandfather, R' Mordechai Shusterman who was the *Baal Kriah* in 770 and this is how he *laind* in the Rebbe's *Shu*l. (See the details in his *Sefer*, page 138).

* Ov Horachamim: is recited.

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* **Tehillim** is said after davening as usual.

Shabbos after Chatzos (midday)

* After *Chatzos* it is customary to learn things related to *Tish'a B'av*, and *Chassidus*. There are quite a number of *sichos, maamorim* and *farbregens* from *Tish'a B'av* on *Shabbos* – [5741, 5748, 5751 and more].

Mincha

* Earlier: Mincha should be scheduled earlier than usual, to give enough time to eat Seudah Shlishis and finish before the Shkiah (sundown).

- * Tzidkoscho: is not recited.
- * Pirkei Avos: (seemingly) we do not say Pirkei Avos.

* **Eating:** It is permissible to eat and drink the whole day, but only <u>until Shkiah (sundown)</u>. Especially those who want to make a *mezuman* on a *kos* must be finished *bentching* before <u>Shkiah</u> so they can drink the wine before Shkiah. We do not eat egg and ashes etc. in the Seudo Hamafsekes.

* After Shkiah - Changing shoes or washing hands: It is not permitted to prepare the shoes for *Tish'a B'av*, (or *kinos*) or to bring them to *shul* - until *shabbos* is over and *"Boruch Hamavdil"* is recited. After using the washroom, the hands are washed only until the knuckles.

Motzoei Shabbos

The Rebbe would come down to *daven Maariv* with *Tish'a B'av* shoes and Shabbos clothing. Therefore:

* *Maariv* is *davened* a bit later so that everyone has enough time to say:

ברוך המבדיל בין קודש לחול, (Boruch Hamavdil Bein Koidesh Lechol)

and are able to change their shoes, prepare the *Kinos* etc. But we **do not** remove our *Shabbos* clothing.

* **Havdala candle:** Women that remain at home, after they have *davened maariv* or said ברוך המבדיל בין קודש לחול, should *bentch* בורא מאורי האש (but do not view their nails towards the candles) or if the husband is still at home before *Maariv*, he can say ברוך המבדיל בין קודש לחול then ברוך המבדיל בין קודש לחול and then go to *shul* for *Maariv*. The rest of *Havdolo* is recited Sunday night. * **Low chair:** From this point until tomorrow after *Chatzos* (midday), we sit on low chairs.

* Washing dishes: The custom is that the dishes used on *Shabbos* are washed on Sunday after *Chatzos*.

In Shul

* After saying ברוך המבדיל בין קודש לחול, the *Paroches* of the *Aron Kodesh*, the *Mapo* of the *Shulchon Hakria* and from the *shtender* of the Chazan are removed; the lights are dimmed; etc.

* Ato Chonantanu: Ato Chonantanu is recited in the Amidah.

* After the Amidah, Kadish Tiskabel is recited.

* **Havdolo candle:** After Shemona Esrei, (and Kadish Tiskabel) a candle is lit and בורא מאורי האש is recited (and view the nails towards the candles). The rest of *Havdolo* is recited Sunday night.

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- * *Eicha*: we sit on low chairs and *Eicha* is recited with the following *Kinos*.
- * Vihi Noam: After Eicha we do not say Vihi Noam.
- * Veato Kodosh: We say Veato Kodosh and Kadish without Tiskabel (like Kadish Yosom).

* **Oleinu Leshabeach:** then we say *Oleinu Leshabeach* and *Kadish*. Mourners say the *Mishnayos* of the end of *Moed Koton* and *Kadish Derabonon* (they do not recite *Rabbi Chananyo Ben Akashyo* etc.)

* In 5751 the Rebbe distributed dollars after *Maariv*.

During the Evening

- * A Gutte Voch: We do not wish each other 'a gutte voch'.
- * Netilas Yodaim (after using the washroom) is only until the knuckles.

* [*Havdolo:* anyone who received a *Heter* from the *Rov* that they do not have to fast should make *Havdala* before eating (without *Besamim*). The details should be discussed with the *Rov*].

Learning Torah:

* On *Tish'a B'av*, the Rebbe Rasha"b would learn *Midrash Eicha Rabba* and the *sugya* of '*Rabbi* Yochanan' in Perek Hanizokin (in Masechte Gittin).

* Chassidus: It is permissible to learn Chassidus (Pnimius Hatorah).

* **Siyum:** A siyum should be made on any of the *Masechtos* that are permitted to be learned on *Tish'a B'av*.

* **Story of the** *Heiliger Ruzshiner*: it is proper to read the story of the *Heiliger Ruzshiner* printed in *Sefer Haminhogim* on page 48 as follows:

The Tzemach Tzedek, who used to refer to the Rebbe [R. Yisrael] of Ruzhin as "the holy Ruzshiner," once related: "The holy Ruzshiner would not tolerate any "depression" nor even bitterness - with the result that his Chassidim became playful. One Tish'a B'Av they occupied themselves for a while tossing burs at each other. They then decided to climb on to the roof of the Beis Midrash, and to lower a noose over the entrance. Whoever walked in the door could then be lassoed and promptly pulled on to the roof. The prank succeeded until, sure enough, who should walk in but - their Rebbe, the Ruzshiner. From up there it was hard to tell one hat from another, and only when the Tzaddik was halfway up did they identify him.

When they had lowered him to the ground he exclaimed: 'Master of the Universe! If Your children do not observe Your Yom-Tov, then take it away from them!'

* Sleeping: It is not our custom to sleep on the floor or to place a stone under the head etc.

Sunday Morning

- * Netilas Yodaim only till the knuckles (like on Yom Kippur).
- * **"שעשה לי כל צרכי"** is not recited until tomorrow.
- * Good morning: We do not wish each other "good morning", "good day" etc.

In Shacharis

1. Tachanun is not recited.

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- 2. We do not put on *Tallis* and *Tefillin*.
- 3. The Tzitzis are not held at any point during davening.
- 4. (Chazan says Aneinu and does not say Birchas Kohanim).
- 5. *Krias Hatora* The cover of the *Bima* is placed and we read the *Torah*. The third *aliya* is *Maftir*. (Half *Kaddish*. *Haftorah*. *Yehalelu* and return the *Sefer Torah* to the *Aron Kodesh*).
- 6. Kinos.
- 7. We say Ashrei. We do not say אלמנצח..יענך .
- 8. Then we say ". את בריתי... מעתה ועד עולם and we skip ואני זאת בריתי... מעתה ועד עולם and then continue from ואתה קדוש. (Whole *Kaddish* without *Tiskabel* like *Kadish yosom*).
- 9. We do not recite shir shel yom and Ein Keloikenu (they are recited before Mincha).
- 10. Aleinu. [If there is a mourner he recites the Mishnayos like last night after Maariv see above].
- 11. Each person reads *Eicha* to himself.

After Chatzos (midday) -

- * It is permissible to sit a regular chair.
- * Hilchois Bais Habechira: May be learned after Chatzos.
- * Daily Rambam: is learned after Havdolo.

Mincha

- 1. In *Shul*, (if there is only one *Sefer Torah*) before *Mincha*, we roll back the *Sefer Torah* to *Vayechal* and return the *Paroches* to the *Aron Kodesh* etc.
- 2. We put on the Tallis and Tefillin.
- 3. We say the three paragraphs of Shema;
- 4. Shir Shel Yom (from Hayom yom Rishon... [omit bais Yakov etc.]); Kadish Yosom.
- 5. Ein kelokeinu. Kadish Derabonon.
- 6. Chitas.
- 7. Korbonos and Ashrei for Mincha.
- 8. *Krias Hatorah* (*Vayechal*) and the third *Aliya* is *Maftir*. After the *Haftoro* is recited the *Chazan* says *Chatzi Kadish* as the *Sefer Torah* is returned to the *Aron Kodesh*.
- 9. In the Amidah we add Nacheim and Aneinu. (One who is not fasting does not say Aneinu) If one forgot to say Nacheim: He should say it in Shema Koleinu after Aneinu. If he forgot there, he could say it before Vesechezeno. If he forgot there, he can say it before V'al Kulam. If he forgot and finished the Amidah, he doesn't have to repeat the Amidah again. If one forgot to say Aneinu: he should say it before the second 'Yihiyu Lerotzon' but should not say the Beracha at the end. If he forgot and finished the Amidah, he doesn't have to repeat the Amidah, he doesn't have to repeat the Amidah.
- 10. In Chazaras Hashatz, Birchas Kohanim is recited.
- 11. Aleinu and Kaddish. If there is a mourner he recites the Mishnayos like all year round.
- 12. Rabbeinu Tam's Tefillin are donned as usual. After "Vehoyo ki Yeviacho" we say the "Shesh Zechiros".

Tzedoko: In 5751 the Rebbe distributed dollars after Mincha.

Maariv:

- * In 5751 the Rebbe said a Sicha and distributed dollars for Tzedoko before Maariv.
- * We daven *Maariv* as usual.
- * After Maariv:
 - 1. Change to regular shoes.
 - 2. Wash the face.
 - 3. Wash regular Netilas Yadayim (like in the mornings) without a Beracha.
 - 4. Havdolo without Besomim nor a candle. Veyiten Lecha is not recited
 - 5. Kiddush Levana.

*[Women may drink before *Havdolo* - not like on Motzoei Shabbos that we do not drink before *Havdolo*].

* At night, we do not eat meat or drink wine, but it is permitted to cut hair and do laundry, take showers, listen to music etc.

* Daily Rambam: We learn the daily Rambam.

Siyumim:

* We continue to partake in *Siyumim* until the 15th of *Menachem Av*. See the schedule on the last page of this document.

Thursday, 14 Menachem Av

* In *Mincha* we do not recite *Tachanun*.

Friday 15 Menachem Av "Tu B'Av"

* We do not recite *Tachanun*.

* The *Gemoroh* says that from the 15th of Menachem Av the night becomes longer and we should add in our learning of *Torah*.

20 Menachem Av – 74th Yohrzait of The Rebbe's Father הרה"ג והרה"ח המקובל וכו' ר' לוי יצחק Link to several *shiurim* and interesting stories about Reb Levi Yitzchok: <u>http://theonlinerabbi.com/sichosonline/parsha-ekev-chof-menachem-av/</u>

http://theonlinerabbi.com/sichosonline/chof-menachem-av/

The Rebbe writes in a letter:

...The 20th of Menachem Av, the Yom Hayohrzeit Vehahilula of my father... On me lies the obligation and great Zchus to suggest and request <u>etc.</u> to learn (in a Farbrengen) from his Torah, and to donate to Tzedoko in his memory, as he was "Moiser Nefesh" for spreading Yiddishkeit amongst the Yidden "behind the Iron Curtain", and because of that he was incarcerated, sentenced to exile and died in exile and is buried there. זכותו יגן עלינו ועכ"י – שליט"א.

* * *

May these days quickly turn into days of joy with the revelation of *Moshiach Tzidkeinu* immediately!

Rabbi Levi Yitzchok Garelik Rabbigarelik@sichosonline.org

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SIYUMIM SCHEDULE: AV 5779-2019

| DATE: | | TIME: | RADIO STATION: |
|--------------------------|---------------------------|------------|-----------------------------|
| Friday | August 2, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 1 st Av, 5779 | | <u>www.chabad.org/siyum</u> |
| Motzai | August 3, 2019 | 11:00pm- | WSNR 620AM-WJPR 1640AM |
| Shabbos | 2 nd Av, 5779 | 11:15pm | <u>www.chabad.org/siyum</u> |
| Sunday | August 4, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 3 rd Av, 5779 | | <u>www.chabad.org/siyum</u> |
| Monday | August 5, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 4 th Av, 5779 | | www.chabad.org/siyum |
| Tuesday | August 6, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 5 th Av, 5779 | | <u>www.chabad.org/siyum</u> |
| Wednesday August 7, 2019 | | 5pm-5:30pm | WPAT 930AM |
| | 6 th Av, 5779 | | <u>www.chabad.org/siyum</u> |
| Thursday | August 8, 2019 | 5pm-5:15pm | WPAT 930AM |
| | 7 th Av, 5779 | | <u>www.chabad.org/siyum</u> |
| Friday | August 9, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 8 th Av, 5779 | | www.chabad.org/siyum |
| Sunday | August 11, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 10 th Av, 5779 | | www.chabad.org/siyum |
| Monday | August 12, 2019 | 5pm-5:30pm | WPAT 930AM |
| _ | 11 th Av, 5779 | | <u>www.chabad.org/siyum</u> |
| Tuesday | August 13, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 12 th Av, 5779 | | <u>www.chabad.org/siyum</u> |
| Wednesday Aug.14, 2019 | | 5pm-5:30pm | WPAT 930AM |
| | 13 th Av, 5779 | - | <u>www.chabad.org/siyum</u> |
| Thursday | August 15, 2019 | 5pm-5:15pm | WPAT 930AM |
| | 14 th Av, 5779 | | www.chabad.org/siyum |
| Friday | August 16, 2019 | 5pm-5:30pm | WPAT 930AM |
| | 15 th Av, 5779 | | www.chabad.org/siyum |

REMINDERS FOR THE NINE DAYS 5779 - SICHOSONLINE.ORG - RABBI L.Y. GARELIK

בהתוועדות שבת מברכים חודש מנ״א תשל״א דיבר הרבי ע״ד הענין ד״ציון ומשפט תפדה ושביה בצדקה״ ועורר ע״ד הוספה בלימוד התורה ונתינה לצדקה במשך ימי ה״תשעה ימים״.

הרחי״ק שי׳ ערך מודעה לניו יורק טיימס (מטעם מזכירות כ״ק אדמו״ר) על הנ״ל וכ״ק הגיה כדלהלן:

FROM THE SECRETARIAT OF THE LUBAVITCHER REBBE

RABBI MENACHEM M. SCHNEERSON

In response to numerous inquiries about the special instructions announced by the Rebbe in his public address on the Sabbath preceding the month of Av, concerning the 'Nine Days' (which commentate the destruction of the Holy Temple in Jerusalem of old), we publish the following excerpt from his talk:

Referring to the verse 'Zion shall be redeemed with justice and its captives with righteousness' (Isaiah 1:27), which concludes the last Haftorah of the 'Three Weeks,' the Alter Rebbe (Rabbi Schneur Zalman of Liadi, author of the 'Tanyd and 'Shulchan Aruch') explains that 'Justice' which refers to Torah, and 'Righteousness' - literally. Tzedaka - charity, will hasten the Redemption of the Jewish people.

It is, therefore, proper that during these days, beginning with the first day of Av, the week of Tisha B'Av and particularly the day of Tisha B'Av (this year on Sunday, index August 2), an increase should be made in the amount of time devoted to Torah study and in contributions to charity, added with an maxima /dimension of generosity in both.

This applies to every Jew, men and women, young and old.

The Rebbe concluded with the following blessing: May the supplement in Torah study and charity hasten the fulfillment

of the promise 'Zion shall be redeemed with justice and its captives with The definition of the provided of the state of

deferment and the fulfillment of the prophet's promise that in the immediate whe

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future these days will be transformed tox into joy and happiness, with the

coming of our righteous Messiah.

Secretariat of Rabbi Menachem M. Schneerson

770 Eastern Parkway Brooklyn, New York 11213

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York Times uly 29-Mywas serving in the City last night at after a cere-His age was

THE LUBAVITCHER REBBE **RABBI MENACHEM M. SCHNEERSON** In response to numerous inquiries about the

FROM THE SECRETARIAT OF

special recommendations contained in the Rebbe's public address on the Sabbath preceding the month of Av concerning the 'Nine Days' (which commemorate the destruction of the Holy Temple in Jerusalem of old), we publish the following excerpt from his talk:

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> It is, therefore, proper that during these days, beginning with the first day of Av, the week of Tisha B'Av and particularly the day of the Fast of Tisha B'Av (this year on Sunday, August 1), everyone should increase their amount of time devoted to Torah study and their contributions to charity—with an added dimen-sion of generosity in both. This applies to every Jew, men and women, young and old.

The Rebbe concluded with the blessing: May the increase in Torah study and charity hasten the fulfillment of the promise 'Zion shall be redeemed with justice and its captives with Tzedaka."

This year is particularly auspicious in that the East of Tisha B'Av is deferred from Saturday to Sunday, giving way for its ultimate complete deferment, and the fulfillment in the immediate future of the prophet's promise that these days will be transformed into joy and happiness, with the coming of our righteous Moshiach.

Secretariat of Rabbi Menachem M. Schneerson 770 Eastern Parkway - Brooklyn, N. Y. 11213 Telephone 493-9250-1

עמש״כ ש״במענה לשאלות רבות ע״ד ה׳הוראות שהכריז׳ כ״ק אדמו״ר בהתועדות״ תיקן כ״ק: suggestions contained in [= הצעות הכלולות ב(התוועדות)].

״בצרקה״ בתרגום עמש״כ righteousness , תיקן כ״ק: צדקה.

עמש״כ שכ״ק אדמו״ר הזקן ״במשפט״ הכוונה לתורה. תיקן כ״ק [שהכוונה] **כאן** [היא לתורה].

על מש״כ ״ביום תשעה באב״. הוסיף כ״ק: יום **תענית** תב״א.

"supplement" מש״כ על [״תוספת״ בלימוד התורה] תיקן כ״ק: increase ? [הו ספה ?].

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MPRI I

8-3500