

בס"ד. תחלת חודש סיון ה'תש"פ

Dear Ana"sh 'ש of the community at the EU in Brussels  
And the virtualcommunity@Sichosonline.org

## Reminders for *Shavuos* 5780 – תש"פ

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Experience has shown that it is best if both husband and wife (and children...) review this each day thoroughly so that miscommunications and last-minute panics can be avoided, and Yom Tov can truly be celebrated joyfully.

Please post this on the refrigerator or another central location.

**May we merit to celebrate *Shavuos* in the *Bais Hamikdosh Hashlishi* and hear the *Torah Chadosh* from *Moshiach*! ולקבלת התורה בשמחה ובפנימיות**

Rabbi Levi Y. Garelik  
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- \* **Tachanun** is not recited from *Rosh Chodesh* through (including) 12 Sivan.
- \* **Haircuts:** Our *Minhag* is not to get a haircut prior to *Erev Shavuos*.

### To Remember and Purchase:

1. **Dairy Foods:** On the first day of *Yom Tov* dairy foods are eaten. Every individual should do so according to his family custom. One should be especially careful in the *Kashrus* laws pertaining to separation of milk and meat. [Why do we eat dairy foods on *Shavuos*? See a beautiful shiur: <http://theonlinerabbi.com/sichosonline/eat-dairy-shavuos/>]
2. **Pareve Knife:** If one does not already own one, a separate **Pareve** knife should be purchased to be used only for cutting onions and other fruits and vegetables. Cutting onions with a *Milchig* or *Fleishig* knife can lead to serious *Shailos*.
3. **Aseres Hadibros on the first day of *Shavuos*:** Ensure that one has help, if necessary, to be able to bring **all** the children to *Shul* to hear the *Aseres Hadibros*. Infants and newborn babies should also be brought to *Shul* if it will not affect their health. (If possible, be present at *Birchas Kohanim* after *Musaf* as well). This year, due to the current situation, follow the guidelines of the local doctors and authorities.
4. **Long-lasting candles** (i.e. a *Yahrtzeit Licht*): Those who do not have a gas flame lit over *Yom Tov* should light a long-lasting candle (that should last at least until *Shabbos* starts) to be able to light candles on *Erev Shabbos* (and to use, if needed, for cooking on *Yom Tov*). However, those who have household help should light one even if there is a gas flame lit, as sometimes the flame is inadvertently turned off.
5. **Yizkor candle:** It is not *Minhag Chabad* to light a *Yohrzait Licht* for *Yizkor*.
6. **Neironim:** If one uses glass holders for the *Shabbos/Yom Tov* candles which must be cleaned between each use, ensure that there are enough to use for both evenings - the first night of *Yom Tov* and for *Erev Shabbos* (as there is a *Shailo* whether you are permitted to remove the metal washer on *Yom Tov*).
7. **Tikun Leil Shavuos:** Purchase one (if one does not own a copy) and insert the corrections that are mentioned in *Likutei Sichos* vol. 28 page 315 (Copied at the end of this document).

8. **Carbon Monoxide Detector:** Those who have the gas on for a prolonged time during *Yom Tov* should ensure that they have proper ventilation and that they have a proper carbon monoxide alarm system in place. Make sure to test it a couple of days before *Yom Tov*.
9. **Tzedaka:** Give extra *Tzedaka* for those who do not have basic needs for *Yom Tov* (like *Maos Chitim* before *Pesach*).
10. **Dvar Torah and story of the Baal Shem Tov:** Prepare a *Dvar Torah* and a story of the Baal Shem Tov to be said during *Shavuos*.

### Preparations for the *Milchig* (dairy) meal of the first day of *Yom Tov*:

**PLEASE – Do not use a dairy or meat knife to cut onions or other vegetables (or bread) because this can cause *Kashrus* questions to arise. Use only a separate *Pareve* knife.** (This applies during the year as well.)

\* **Oven:** If one only has a single oven that is used for meat (or for *Pareve*), and wants to use it to bake dairy foods in honor of *Shavuos*, please contact the *Rov*.

\* **Dairy meal:** The custom to eat dairy foods is only on the first day of *Shavous* (except for those who have a personal family custom, etc.).

### Thursday, ה' סיון *Erev Shavuos*:

Haircuts are permissible.

### *Eiruv Tavshilin!*

#### **DON'T FORGET TO MAKE AN *EIRUV TAVSHILIN* ON *EREV YOM TOV*!!**

The *Eiruv Tavshilin* allows one to cook and light *Shabbos* candles on *Yom Tov* (Friday) for *Shabbos*. As follows:

1. Prepare a *Siddur* to the page of *Eiruv Tavshilin*. It should preferably be a *Siddur* with English translation.
2. First option: Take a whole *Challah* (that can be used for *Lechem Mishne*) and a *Kezayis* of a cooked item, like fish or meat (or boiled egg). Hand this to someone (older than *Bar Mitzva*) who is NOT a member of the household, and say *אני מזכה* etc. and he raises it a *Tefach*. Then take it back and say the *Brocho* that is written in the *Siddur* and the *Nusach* of *בדין* etc.
3. This year, due to the current situation, (and especially if someone is alone in the house), he/she may do it themselves, and just say the *Brocho* and the *Nusach* (omitting the part which is said when you hand it to someone else).
4. If one doesn't understand the *Nusach* he should say it with the translation.
5. Put the *Eiruv* aside until *Shabbos*, when it should be eaten (see below in the *Shabbos* section).
6. **Reminder:** The *Eiruv Tavshilin* is not only for cooking from *Yom Tov* to *Shabbos*, but also for **lighting candles** on Friday evening. Therefore, those who will not be eating at home on *Shabbos* should light in the place where they will be eating or should at least put up some water to cook for *Shabbos* to enable them to make an *Eruv Tavshilin*. If one is not putting up anything to cook but they would like to light candles at home (from a pre-existing flame), consult the *Rov*.
7. This year, many people are alone for *Yom Tov*. Contact the *Rov* with any questions on the above.

### Before *Yom Tov* begins:

1. **Fires:** If it is necessary, make sure the appropriate fires are lit (for *Yom Tov* and *Shabbos*).
2. If there is no lit gas flame, light the long-lasting candle (*Yahrtzeit Licht*).
3. **Shabbos Clock:** Ascertain that the *Shabbos* clock is set for **both** days – *Yom Tov* and *Shabbos*.

### Candle lighting:

1. **Tzedaka:** The Rebbe instructed that on *Erev Shavuos*, prior to the candle lighting, we give *Tzedaka* for both days, *Yom Tov* and *Shabbos*.
2. **Lighting Candles:** The correct time to light candles is 18 (or 23) minutes before sunset (See local calendar. For the time in NY see last page). However, if one missed the correct time, they may light later than that, but only from a pre-existing flame.
3. If one generally takes in *Shabbos* (or *Yom Tov*) early so they can *Daven Maariv* early, on *Shavuos* they still have to daven *Ma'ariv* at nightfall (because of seven weeks of the *Omer* – see below in *Maariv*.)
4. **Those who will not be eating in their own homes should not forget to light candles! If one forgot (and reminded themselves the next day), call a Rov after *Yom Tov* to see what must be done.**
5. The *Brachos* said are: שהחיינו and להדליק נר של יום טוב.

The Frierdiker Rebbe writes in a letter (and it is quoted in *Hayom Yom*):

**“*Shavuos* is an opportune time to do everything for the benefit of learning *Torah* and *Avodah* with *Yiras Shomayim*; and also, to do תשובה in regards to *Torah* without interference from the שטן, similar to the time of תקיעות on *Rosh Hashono* and the day of *Yom Kippur*.”** The Rebbe added to this: **“This letter must be learned, and publicized amongst those who do not know about it.”**

### Once *Yom Tov* begins:

1. One must wait until nightfall (see local calendar. For the time in NY see last page) to *Daven Ma'ariv* in order to ensure that there are “seven complete weeks” for *Sefiras Haomer*. Therefore, if one generally takes in *Shabbos* (or *Yom Tov*) early, on *Shavuos* they still have to daven *Ma'ariv* after nightfall.
2. *Ma'ariv* is for *Sholosh Regolim (Yom Tov)* and starts with “*Shir Hama'alos*”.

### The *Yom Tov* meal

1. **Before the meal begins, ensure that all the women and girls have lit candles. If there are not enough candles, do not rely on lighting after the meal, rather borrow candles from a neighbor so that all the women and girls can light candles before beginning the meal.**
2. For those who usually take in *Shabbos* early, today (*Shavuos*) *Kiddush* may not be recited before nightfall. (See local calendar. For the time in NY see last page).
3. We say *Kiddush* for *Yom Tov* with *Shehecheyanu*.
4. ***Dvar Torah* and story of the *Baal Shem Tov*:** During the meal a *Dvar Torah* and a story of the *Baal Shem Tov* should be said.

### In *Birchas Hamozon*

1. **יעלה ויבא:** We add "יעלה ויבא" in *Birchas Hamozon*. If one forgot and remembered after beginning the following *Bracha* (even if he only said "ברוך") one must return to the beginning of *Bentching*. However, if he remembered before beginning the following *Bracha*, he should say the text printed in the *Siddur*: "ברוך..אשר נתן..".
2. **הרחמן:** Towards the end of *Birchas Hamozon* we add "הרחמן הוא ינחילנו ליום שכולו טוב".

### **Tikun Leil Shavuos**

\*The men remain awake all night and say *Tikun Leil Shavuos*. They go to the *Mikvah* before *Alos Hashachar* (See local calendar. For the time in NY see last page). This year, due to the current situation, follow the guidelines of the local doctors and authorities). There are a few corrections from the Rebbe regarding the *Tikun*, noted in *Likutei Sichos* vol. 28 page 315 (also quoted at the end of this document).

\* The Friediker Rebbe said (*Sefer Hasichos Tof Shin Daled* page 127) that on *Shavuos* night one has to accept on himself the yoke of *Torah* in his heart and in speech by saying: **“Ribono Shel Oilom, I am accepting upon myself the yoke of Torah!”**

### **Friday, ו' סיון, First Day of Shavuos - Yahrtzeit of the Baal Shem Tov:**

1. **Krias Shma:** Latest time for *Krias Shma*: (See local calendar. For the time in NY see last page).
2. **Aseres Hadibros:** Prepare all the children, even the babies (if it will not affect their health), to attend *Shul* to hear *Aseres Hadibros* during the reading of the *Torah* (and after that – if possible - *Birchas Kohanim*, which is done towards the end of *Musaf*). This year, due to the current situation, follow the guidelines of the local doctors and authorities.
3. **Hallel:** After the *Amida* for *Sholosh Regolim* the entire *Hallel* is recited.
4. **Haftorah:** It is very important to hear the *Haftorah* of the first day of *Shavuos* because it discusses the *Maase Merkovo* - the “Chariot” that *Yechezkel Hanovi* saw, which is compared to *Matan Torah*. According to the Alter Rebbe, it should be read by someone who is knowledgeable in the subject and everyone should honor it **by standing** when it is read.
5. **Musaf** of *Yom Tov* and ***Birchas Kohanim***.

### **The Yom Tov meal**

\* The *Seuda* is a “*Simcha shel Mitzva*” – just like when a child goes into *Cheder* we celebrate with a *Seudas Mitzvah*, so too, *Klal Yisroel* started going to *Cheder* on *Shavuos*....

1. **Kiddush:** *Kiddush* at the start of the meal is that of *Sholosh Regolim*, beginning from אתקינו וכו' and אלה מועדי.
2. We eat dairy foods (each one according to his custom). **Make sure to adhere to all the laws pertaining to the separation of milk and meat.**
3. **During the meal:** During the meal a *Dvar Torah* and a story of the *Baal Shem Tov* should be said.
4. **Birchas Hamozon:**  
**יעלה ויבא:** We add "יעלה ויבא" in *Birchas Hamozon*. If one forgot and remembered after beginning the following *Bracha* (even if he only said "ברוך") must return to the beginning. However, if he remembered before beginning the following *Bracha*, he should say the text printed in the Siddur:  
 "ברוך.. אשר נתן..".  
**הרחמן:** At the end of *Birchas Hamozon* we add "הרחמן הוא ינחילנו ליום שכולו טוב".

\* **Cooking for Shabbos:** Those who made an *Eiruv Tavshilin* should prepare all food necessary for *Shabbos* early in the day so that there is enough time to eat the food – **including the Cholent** - before *Shabbos*.

\* If one forgot to make an *Eiruv Tavshilin*, he/she should contact the Rov and ask a *Shaila*.

\* **Tahalucha:** The custom in Lubavitch is to go on "תהלוכה" during the first day of *Yom Tov*. This year, due to the current situation, follow the guidelines of the local doctors and authorities.

\* **Mincha:** Because it is *Erev Shabbos*, *Posach Eliyohu* and *Yedid Nefesh* are recited before *Mincha* but unlike every other Friday, the preceding *Hodu* is not recited. Then *Korbonois*, *Ashrei*, *Uvo Letzion*, *Amida* of *Sholosh Regolim* and *Oleinu Leshabeiach* are recited.

### Before *Shabbos* starts:

1. It is not *Minhag Chabad* to light a *Yizkor* candle (for tomorrow's *Yizkor*).
2. **Candle Lighting:** Candles must be lit like every *Erev Shabbos*, 18 (or 23) minutes before sunset. (See local calendar. For the time in NY see last page).
3. Candles must be lit from a **pre-existing flame**. If one is bringing a flame from a neighbor, he should make sure that it is well protected from the wind etc.
4. **Brochos** said are: *ושהחיינו* and *להדליק נר של שבת ושל יום טוב*.
5. **Those who will not be eating in their own homes should not forget to light candles at the right time!! If one forgot, call the *Rov* after *Shabbos* to see what must be done.**

### Second night of *Yom Tov/Shabbos*:

**Ma'ariv:** *Ma'ariv* is that of Friday night and *Sholosh Regolim* as follows:

1. Start from *Mizmor Ledovid*.
2. In *Lecho Dodi* (at *Boi Vesholom*) we say *בשמחה* ו**בצהלה**.
3. Continue *Maariv* until the *Amida* as every Friday night.
4. *Amida* of *Sholosh Regolim* and add the additions for *Shabbos*.
5. *Vaychulu* is recited and continue like every Friday night.

### *Shabbos/Yom Tov Seuda* (meal):

\* It is customary to use the *Challah* from the *Eiruv Tavshilin* as part of *לחם משנה* but not eat it until tomorrow.

\* *Sholom Aleichem*, *Eishes Chayil* and *Askinu* are recited quietly.

\* **Kiddush:** *Kiddush* is that of *Sholosh Regolim* with the additions of *Shabbos: Yom Hashishi, Hagofen, Yom Tov Kidush, Shehecheyonu*.

\* Some have the custom to eat the cooked dish of the *Eiruv Tavshilin* tonight and some eat it tomorrow.

\* In ***Birchas Hamozon*** we add *Retzei* and *Yaale Veyovoi* (If one forgot – see yesterday) and *Horachamons* for *Shabbos* and *Yom Tov*.

### *Shabbos*, ז' סיון, second day of *Shavuos*

1. ***Krias Shma:*** *Sof Zman Krias Shma* the second day of *Yom Tov (Shabbos)*: (See local calendar. For the time in NY see last page).
2. Arrange for the children to attend ***Birchas Kohanim*** which will take place towards the end of *Mussaf*. This year, due to the current situation, follow the guidelines of the local doctors and authorities.
3. *Aseres Hadibros* are read only on the first day of *Yom Tov*.
4. ***Shacharis*** is like the first day of *Yom Tov* with the additions for *Shabbos*.
5. ***Yizkor:*** After *Krias Hatora*, *Maftir* and *Yekum Purkan*, before *Musaf*, "***Yizkor***" is added. Those who have to say *Yizkor* and cannot attend *Shul* may say it at home.
6. Towards the end of *Musaf* there is *Birchas Kohanim*.
7. After *Musaf*, *Velokachto Soles* and *Sheish Zechiros* are recited.

### The Seuda

\* It is customary to use the *Challah* from the *Eiruv Tavshilin* as להם משנה. There are those that eat it at this meal and those that save it for *Seuda Shlishis* (the *Farbrengen* – see below).

\* Those who have not yet eaten the cooked item of the *Eiruv Tavshilin*, eat it at this *Seudah* or later at the *Farbrengen* – see below.

\* **Kiddush:** *Mizmor Ledovid* until *Al Kein* are recited quietly. *Eile Moadei* is recited regular.

\* In **Birchas Hamozon** we add *Retzei* and *Yaale Veyovoi* (If one forgot – see yesterday) and *Horachamon* for *Shabbos* and for *Yom Tov*.

### Mincha:

\* **Mincha** is of *Sholosh Regolim* (*Yom Tov*) with all the additions of *Shabbos*.

\* We read the *Torah* (*Parshas Noso*).

### Farbrengen:

\* We wash for this *Farbrengen* (if the *Challah* of the *Eruv Tavshilin* was not eaten yet, it is eaten now).

\* The *Rebbe* would start the *Farbrengen* before the *Shkia* (sunset). The *Rebbe* would wash for *Hamotzie*, eat *Challah*, say *Lechayim*, many *Sichos* (a *Maamor*), and continue through the night. During the *Sichos* the *Rebbe* would also remind everyone about **Chita's - ת"ת** and its connection to *Shavuos*: *Chumash – Moshe Rabeinu*; *Tehillim – David Hamelech*; *Tanya – the Baal Shem Tov*. A special *Sicha* was devoted to the “*Kinus Torah*” that would take place the day after *Yom Tov*. At the conclusion of the *Farbrengen* the *Rebbe* would say *Birchas Hamazon*, *Daven Maariv*, recite *Havdalah* and distribute *Kos shel Brocho*. Sometimes it would last until 3 or 4 am!

**At the end of Yom Tov/Shabbos** (See local calendar. For the time in NY see last page):

\* In **Maariv** we recite “*Ato Chonantonu*”, *Vihi Noam* and *Veato Kodoish*, and *Oleinu Leshabeach*.

\* We recite **Havdalah** with *Bsomim* and the *Havdolo*-candle. *Veyiten Lecho* is recited.

\* **Tachanun** is not recited through the 12<sup>th</sup> of Sivan.

### Isru Chag:

\* The day after *Shavuos* is called “*Yom Tovoach*” (the day they brought some of the *Korbonois* connected to *Shavuos*).

\* **Kinus Torah:** In 770 (and in other places), a “*Kinus Torah*” (gathering devoted to talks of *Torah*) takes place, where *Rabonim* and *Roshei Yeshivos* share words of *Torah*.

א געזונטן זומער און א פרייליכן תמיד  
 “A healthy summer and a joyous *Tomid* (always)”

**May we merit this Shavuos (and even prior to that) to receive the “Torah Chadosh Me’iti Tetze” ולקבלת התורה בשמחה ובפנימיות.**

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P.S. An exercise for the family:

All the **Halocho**s of *Shavuos*, are the same as all *Yomim Tovim* (Cooking, lighting fires, carrying etc.) There are some **customs/Minhogim** that make *Shavuos* different (eating *Milchigs*, *Tikun Leil Shavuos* etc.).

Do you know of a **Halocho** that is different on *Shavuos* from all *Yomim Tovim*? Let me know at the above email address.

Thanking you in advance.

### Corrections of the *Rebbe* to the *Tikun Leil Shavuos*

א) ב"תיקון ליל שבועות" – בכל הדפוסים שראיתי – הסיום דספר יצירה הוא: „... נאמנת בפנים . . אחד בפה ואחד בלב”.

ולפענ"ד אינו נכון. כי (נוסף לזה שחסר סיום בדבר טוב, הרי) נוסח זה אינו מובן כלל.

וצריך להיות, כמו שהוא בכו"כ הוצאות דספר יצירה הנדפס בפ"ע: „... נאמנת ג' רעות ללשון דיבור רע והמלשין והמדבר אחד בפה ואחד בלב ג' טובות ללשון שתיקה ושמירת הלשון ודיבור אמת”.

ומענין לענין: ב"תיקון" שנדפס בסלאוויטא (ועוד) בהעתקת מאמרו של רשב"י: „אנן בחביבותא תליא מילתא דכתיב כו”, הובאו רק ב' פסוקים.

וצ"ל כבזהר: „אנן בחביבותא תליא מילתא דכתיב ואהבת את ה' אלקיך וכתיב מאהבת ה' אתכם וכתיב אהבתי אתכם אמר ה'”<sup>2</sup>.

### Times for *Shovuos* – These times (from Chabad.org) are for N.Y. area ONLY:

- Candle lighting on *Erev Yom Tov*: 8:00 pm
- Tzeis Hakochovim* the first night of *Yom Tov*: 8:51
- Alos Hashachar* the first day of *Yom Tov*: 3:37 am
- Mishyakir* the first day of *Yom Tov*: 4:28am
- Honeitz Hachamo* the first day of *Yom Tov*: 5:28 am
- Sof Zman Krias Shma* the first day of *Yom Tov*: 9:08 am
- Lighting candles before *Shabbos*: 8:00 pm
- Sof Zman Krias Shma* the second day of *Yom Tov (Shabbos)*: 9:08 am
- Motzoei Shabbos*: 9:09 pm