REMINDERS FOR THE MONTH OF ELUL 5780 – RABBI LEVI Y. GARELIK – SICHOSACADEMY.ORG

בס"ד. שלהי מנחם אב ה'תש"פ

To the families of Ana"sh 'שי of the community at the EU - Brussels And virtual community at Sichoacademy.org

Reminders for the Family – *Elul* 5780

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Wishing everyone a Ksivo Vachasimo Toivo, Leshono Toivo Umesuko - May we merit to hear the "Shofar Godol" that will be heard at the arrival of Moshiach – this year!

Rabbi Levi Yitzchok Garelik Rabbigarelik@sichosonline.org

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Throughout the month of *Elul*:

1. Ledovid Hashem Ori: From the <u>first</u> day of Rosh Chodesh, we add this chapter of Tehillim in Shacharis and Mincha every day.

2. Shofar:

- **A.** During the <u>first</u> day of *Rosh Chodesh* we blow the *Shofar* to "**practice**". See a *shiur* on our website http://theonlinerabbi.com/sichosonline/elul/ based on *Likutei* Sichos Volume 34 that explains the concept of this "practice".
- **B.** From the <u>second</u> day of *Rosh Chodesh*, we blow *Shofar* every day (besides for *Shabbos* and *Erev Rosh Hashono*) after *Shacharis*. If it was not done after *Shacharis*, it can be done later. When there was a "Rally" etc., they would (also) blow the shofar after *Mincha*. The Rebbe encouraged that when going on *Mivtzoim*, one should see to it that as many people as possible hear *Tkiyas Shofar*, but remind them that this does <u>not</u> replace the hearing of the *Shofar* on *Rosh Hashono!*
- 3. Three Chapters of *Tehillim*: The *Baal Shem Tov* instituted that every day of *Elul* we say 3 additional chapters of *Tehillim*: on the first day of *Elul* (second day of *Rosh Chodesh*) we say chapters 1-3, on the second day, chapters 4-6, etc. If someone missed it, they should say today's chapters first and then complete what they missed.
- **4.** *Pirkei Avos*: On those *Shabbossim* when two chapters are recited, it is as follows: when chapters 1-2 and 3-4 are recited, the *Mishnayos* of "*Kol Yisroel*..." and "*Rabbi Chananya*" are recited only once. When chapter 5-6 are recited, the *Mishnayos* of "*Kol Yisroel*..." and "*Rabbi Chananya*" are recited before and after each Perek.

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- **5.** Checking *Tefillin* and *Mezuzos*: If they weren't checked within the last 12 months the *Tefillin* and the *Mezuzos* should be checked.
- **6.** *Ksivo Vachasimo Toivo:* We wish everyone (even when finishing a letter or email), men to men, women to women, and children (boys to boys and girls to girls) a *Kesivo V'chasimo Toivo Leshono Toivo Umesuko*.
- **7.** Tshuva and Cheshbon HaNefesh: We do Teshuva and a Cheshbon Hanefesh for the whole year.
- **8.** *Tzedoko:* We add in the giving of *Tzedoko,* especially to give for the needy for *YomTov* (Just like *Maos Chitim* for *Pesach*).
- 9. Der Oibershter tells the Yiden I am giving you 29-30 days: See the famous sicha of the Rebbe in Likutei Sichos, Chelek Bais, page 626, [you can see a shiur/video on this sicha at: http://theonlinerabbi.com/sichosonline/mitzvah-believe-moshiach-part-2/] and the many Sichos that discuss the famous Moshol (parable) of "Melech Basode" (the King in the field).
- **10. 11**th **of** *Elul: Chasuna* of the *Rebbe Rashab*.
- 11. 13th of *Elul:* Chasuna of the Frierdiker Rebbe.
- **12. 15**th of *Elul*: Establishment of *Yeshivas Tomchei Tmimim*.
- **13. 18**th **of** *Elul Chai Elul*: Birthday of the *Baal Shem Tov* and the *Alter Rebbe*. On this day the *Rabbeim* would say "*Gut Yom Tov*". *Chassidim* have the custom to *Farbreng*, tell stories of *Tzadikim* and undertake *Hachlotois* in strengthening *Ahavas Yisroel* and setting aside time for learning *Nigle* and *Chassidus*.
- **14. 12 Days:** Each of the 12 days from *Chai Elul* to *Rosh Hashono* represent one of the previous 12 months. So *Chai Elul* is the day of *Cheshbon Hanefesh* for the previous *Tishrei* etc.
- **15. 23**rd **of** *Elul*: *Yahrzeit* **of** Reb Meir Shlomo Yanovsky Rebbetzin Chana's father. The Rebbe would say *Kadish.*
- **16. 25**th of *Elul:* The Rebbe would say *Kadish*.
- **17.** Shabbos Parshas Nitzovim/Vayelech: We say Tehillim like all Shabbos Mevorchim. We say Ov Horachamim (right before Musaf). After midnight we go to Slichos and continue to do so every morning until Erev Rosh Hashono.
- **18. 29**th of *Elul*: Birthday of the *Tzemach Tzedek*. In the years 5732-47 the Rebbe use to *Farbreng* and say a *Maamor* and *Sichos*.

The "Reminders" for Rosh Hashono will be available Bez"h mid-Elul.

Ksivo Vachasimo Toivo Leshono Toivo Umesuko,

Rabbi Levi Y. Garelik

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