בס"ד. שלהי מנחם אב ה'תשפ"ב

To the families of Ana"sh 'שי at the community at the EU - Brussels And virtual community at Sichos.online

Reminders for the Family – Elul 5782 – Shnas Hashmitah

Please display on the refrigerator etc. where it can be in clear view. All the sources are in the Hebrew version of the Reminders.

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Wishing everyone a *Ksivo Vachasimo Toivo, Leshono Toivo Umesuko* - May we merit to hear the *"Shofar Godol"* that will be heard at the arrival of *Moshiach* – this year!

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<u>Some</u> *Halochois* and *Minhogim* for the month of *Elul*:

The Rebbe writes in Hayom Yom 27 Menachem Av:

The month of Elul is the month of reckoning. In the material world, if a businessman is to conduct his affairs properly and with great profit, he must periodically take an accounting and correct any deficiencies... Likewise in the spiritual *Avoda* of serving G-d. Throughout the year all Israel are occupied with Torah, Mitzvot and (developing and expressing) good traits. The month of Elul is the month of reckoning, when every Jew, each commensurate with his abilities, whether scholar or businessman, must make an accurate accounting in his soul of everything that occurred in the course of the year. Each must know the good qualities in his service of G-d and strengthen them; he must also be aware of the deficiencies in himself and in his service, and correct these. Through this excellent preparation, one merits a good and sweet year, materially and spiritually.

- 1. Ledovid Hashem Ori: From the <u>first</u> day of Rosh Chodesh (30 Menachem Av), we add this chapter of *Tehillim* in Shacharis and Mincha every day.
- 2. Shofar:
 - A. During the <u>first</u> day of Rosh Chodesh we blow the Shofar to "practice". See a shiur on our website <u>http://theonlinerabbi.com/sichosonline/elul/</u> based on Likutei Sichos Volume 34 that explains the concept of this "practice". Especially for this year that the first day of Rosh Chodesh is Shabbos so how can you "practice"??
 - B. From the second day of Rosh Chodesh, we blow Shofar every day (besides for Shabbos and Erev Rosh Hashono) after Shacharis. If it was not done after Shacharis, it can be done later. When there was a "Rally" etc. in 770 in the presence of the Rebbe, they would (also) blow the shofar after Mincha. The Rebbe encouraged that when going on Mivtzoim (and in schools etc.),one should see to it that as many people as possible hear Tkiyas Shofar. However, remind them that this does not replace the hearing of the Shofar on Rosh Hashono!!
- **3.** Three Chapters of *Tehillim*: The *Baal Shem Tov* instituted that every day of *Elul* we say <u>three</u> additional chapters of *Tehillim*: on the first day of *Elul* (second day of *Rosh Chodesh*) we say chapters 1-3, on the second day, chapters 4-6, etc. If someone missed it, they should say today's chapters first and then complete what they missed.

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- 4. Pirkei Avos: In the 2-3 Shabosim prior to Rosh Hashono, when two chapters are learned (after Mincha): When learning chapters 1-2 together or 3-4 together, the Mishna of Kol Yisroel and the Mishna of Rabbi Chananyo ben Akashio are recited only once, and nothing is recited between the two chapters. We consider them like one long chapter. However, when learning chapters 5-6 together, we consider them like two <u>separate</u> chapters and those Mishnayos are said before and after each Perek.
- 5. Checking *Tefillin* and *Mezuzos*: If they weren't checked within the last 12 months the *Tefillin* and the *Mezuzos* should be checked. This should be publicized wherever possible.
- 6. *Ksivo Vachasimo Toivo:* We wish everyone (even when finishing a letter or email), men to men, women to women, and children (boys to boys and girls to girls) a *Kesivo V'chasimo Toivo Leshono Toivo Umesuko*.
- 7. *Tshuva* and *Cheshbon HaNefesh*: The month of *Elul*, is the opportune time to do *Teshuva* and a *Cheshbon Hanefesh* for the whole year.
- 8. *Tzedoko:* We add in the giving of *Tzedoko,* especially to give for the needy for *YomTov,* like *Maos Chitim* for *Pesach*.
- 9. Der Oibershter tells the Yiden I am giving you 29-30 days/Melech Basode: See the famous revolutionary Sicha of the Rebbe in Likutei Sichos, Chelek Bais, page 626, [you can see a shiur/video based on this Sicha at: http://theonlinerabbi.com/sichosonline/mitzvah-believe-moshiach-part-2/] and the many Sichos that discuss the famous Moshol (parable) of "Melech Basode" (the King in the field).
- **10. 11**th **of** *Elul: Chasuna* of the *Rebbe Rashab*.
- 11. *Erev Shabbos Parshas Ki seitze* 13th of *Elul: Chasuna* of the *Frierdiker Rebbe*. [Regarding *Pirkei Avos* this *Shabbos* see above #4].
- 12. 15th of Elul: Establishment of Yeshivas Tomchei Tmimim.
- 13. 18th of *Elul Chai Elul:*
 - a. Birthday of the Baal Shem Tov and the Alter Rebbe. On this day the Rabbeim would say "Gut Yom Tov". Chassidim have the custom to Farbreng, tell stories of Tzadikim and undertake Hachlotois in strengthening Ahavas Yisroel and setting aside time for learning Nigle and Chassidus. Chai Elul gives a Chayus in the Avodah of Ani Ledodi Vedodi Li.
 - *b.* **12 Days to** *Rosh Hashono*: Each of the 12 days from *Chai Elul* to *Rosh Hashono* represent one of the previous 12 months. So *Chai Elul* is the day of *Cheshbon Hanefesh* for the previous *Tishrei* and *Erev Rosh Hashono* is for *Chodesh Elul* etc.

14. Shabbos Parshas Ki Sovo:

- 1. Regarding *Pirkei Avos* see above #4.
- 2. *Slichos:* On *Motzoei Shabbos*, after midnight (in 770 at 1 am) we go to *Slichos* and continue to do so, every **morning**, before *Shacharis*, until *Erev Rosh Hashono*.
- 15. 23 Elul: Yahrzeit of Reb Meir Shlomo Yanovsky Rebbetzin Chana's father. The Rebbe would say Kadish.

16. 25th of *Elul* – The first day of the creation:

- 1. The Rebbe would say *Kadish*.
- 2. The Rebbe related that the Frierdiker Rebbe said that the *Chassidim* of old would learn on 25 *Elul* from *Bereishis* (in *Parshas Bereishis*) until "*Yom Echad*"; on 26 Elul "*Yom Sheni*" etc.

17. Shabbos Parsha Nitzovim – Shabbos Mevorchim:

- 1. **Tehillim:** we say the whole *Tehillim* in the morning like every *Shabbos Mevorchim*.
- 2. However we do <u>not</u> "bentch" the month before *Musaf* (see in the *Hayom Yom* the explanation in the name of the Alter Rebbe, that this month is *Bentched* by *Hashem* etc.)
- 3. **Ov Harachmim:** Before Musaf we say Ov Horachamim.
- 4. Tzidkoscho: In Mincha we say "Tzidkoscho".
- 5. **Pirkei Avos:** We say Chapters 5-6. We say the *Mishna* of *"Kol Yisroel"* and *"Rabbi Chananya ben Akashia"* before and after each *Perek*.

Motzoei Shabbos:

* In Maariv we say "Ato Chonantanu".

- * We do not say "Vihi Noam" nor "Veato Kodoish".
- **18. 29th of** *Elul*: Birthday of the *Tzemach Tzedek*. In the years 5732-47 the Rebbe use to *Farbreng* the night prior to *Rosh Hashono* and say a *Maamor* and *Sichos* etc.
- **19.** *Pruzbul* : As this past year, 5782, was a year of *Shmitah*, the custom is to (again) say the *Pruzbul* on *Erev Rosh Hashono*. All the details will be explained in the "Reminders" for *Erev Rosh Hashono*.
- 20. All the details about Erev Rosh Hashono will be included in the reminders for Rosh Hashono.

Shnas Hakhel (Gathering)

This coming year 5783 is **"Shnas Hakhel".** During the time of the *Bais Hamikdosh*, in the month of *Tishrei* following the year of *Shmittah*, there was a *Mitzva* that all *Yidden*; men, women and children (even babies) should come to the *Bais Hamikdosh* to hear the king read parts of the *Torah*. Many *Chassidim* would come to the Rebbe for *Tishrei* of *Hakhel* with their families. The Rebbe initiated a campaign called "*Mivtza Hakhel*", to get all *Yidden* involved in "Gatherings" etc. All the details will be in the *Rosh Hashono* reminders. Be on the lookout for different programs for *Hakhel*, get involved, get others involved, sponsor programs etc.

In these two links there is a wealth of information on "Hakhel":

- 1. <u>https://derher.org/HakhelBooklet</u>
- 2. Chabad.org and search "Hakhel".

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