בס"ד. ראש חודש סיון ה'תשפ"ה

Dear *Ana"sh* 'ש' of the Community at the EU - Brussels And the virtualcommunity@Sichos.online

Reminders for Shovuos 5785 – ה'תשפ"ה – 1785

May not be posted on any website, distributed, or shared on WhatsApp groups etc. without prior consent from the author.

- * Experience has shown that it is best if both husband and wife (and children...) review this each day thoroughly so that miscommunications and last-minute panics can be avoided, and *Yom Tov* can truly be celebrated joyfully.
- * All the sources are in the Hebrew section of the Reminders.
- * Important note: It has been stressed many times that these are merely "Reminders" to be able to see things "at a glance" and they are not a compilation of *Halocho*.
- * Since there are several *Halochois* that require elaboration, the format of the "Reminders" has been kept, and the additional details are included at the end of this document, in the "Laws and customs" by Rabbi Lesches, with his permission which include the *Halochois* of:

Shabbos Mevorchim - Chazak/Month of Sivan/Shabbos Bamidbar/Yom Tov preparations/Flowers and Foliage/Erev Shavuos/ Candle lighting/First night of Shavuos/Yaale Veyavo in Bentching/Tikun Leil Shavuos/Shacharis and Hallel/Krias Hatorah/First day - Yom Tov meal/First day afternoon/Second night of Shovuos/Second day of Shovuos/Motzoei Shovuos/After Shovuos/International dateline.

* At the end of this document there is also a table of Zmanim/times for Yom Tov for the NY area only.

Please post this on the refrigerator or another central location.

May we merit to celebrate Shovuos in the Bais Hamikdosh Hashlishi and hear the Torah Chadosho from Moshiach! ולקבלת התורה בשמחה ובפנימיות

Rabbi Levi Y. Garelik Sichos.online

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- * *Tachanun* is not recited from *Rosh Chodesh* until (including) 12 *Sivan*.
- * Haircuts: Our *Minhag* is not to get a haircut prior to *Erev Shovuos*. It may be done on *Erev Shovuos* the whole day (not like *Erev Pesach* that it may done until *Chatzos*).

To Remember and Purchase:

- Dairy Foods: On the first day of Yom Tov dairy foods are eaten. Every individual should do so according to his family custom. One should be especially careful in the kashrus laws pertaining to separation of milk and meat. For more details on the laws connected to this, refer to "The Laws and Customs" at the end of this document. [Why do we eat dairy foods on Shovuos? See a beautiful shiur: http://theonlinerabbi.com/sichosonline/eat-dairy-shavuos/].
- 2. **Pareve Knife:** If one does not already own one, a separate <u>pareve</u> knife should be purchased to be used only for cutting onions (or any sharp item) and all other fruits and vegetables (and bread). Even throughout the year. Cutting onions (or any sharp item) with a *Milchig* or *Fleishig* knife can lead to serious *Milchig/Fleishig shailos*.
- 3. **Aseres Hadibros** on the <u>first</u> day of **Shovuos**: Ensure that one has help, if necessary, to be able to bring **all** the children to **Shul** to hear the **Aseres Hadibros**. Infants and newborn babies should also be brought to **shul** if it will not affect their health. (And, if possible, to be present at **Birchas Kohanim** after **Musaf**).
- 4. **Long-lasting candles** (like a *Yohrzait Licht*): Those who do not have a gas flame lit over *Yom Tov* should light a long-lasting candle (that should last for both days of *Yom Tov*) to be able to light candles also on the second night of

Yom Tov (and to use for cooking on Yom Tov). However, those who have household help should light one even if there is a gas flame lit, as sometimes the flame is inadvertently turned off.

- 5. Yizkor candle: It is not Minhag Chabad to light a Yohrzait Licht for Yizkor.
- 6. **Neironim:** If one uses glass holders for the *Shabbos/Yom Tov* candles which must be cleaned between each use, ensure there are enough to use for two days of *Yom Tov* (as there is a *shailo* whether one is permitted to remove the metal washer on *Yom Tov*).
- 7. *Tikun Leil Shovuos:* Purchase one (if one does not own a copy) and insert the corrections that are mentioned in *Likutei Sichos* vol. 28 page 315 (See a copy below on page7).
- 8. **Clothes and Jewelry:** In honor of *Yom Tov*, one should buy clothes and jewelry for his wife (and nuts (treats) for the children) according to his means.
- 9. **Carbon monoxide detector:** Those who have the gas on for a prolonged time during *Yom Tov* should ensure that they have proper ventilation and that they have a proper carbon monoxide alarm system in place. Make sure to test it a couple of days before *Yom Tov*.
- 10. Tzedaka: Give extra Tzedaka for those who do not have basic needs for Yom Tov (like Maos Chitim before Pesach).
- 11. *Dvar Torah* and story of the *Baal Shem Tov*: Prepare a *Dvar Torah* and a story of the Baal Shem Tov to be said during the meal of *Shavuos*.
- 12. *Date-Line*: If anyone crossed the date-line during *Sefiras Haomer* see "Laws and Customs" at the end of this document.
- 13. **Shabbos Bamidbar Shabbos Achdus:** The Rebbe made a *Bakasha Nafshis* (a heartfelt request) that, in association with *Rosh Chodesh Sivan*, when the *Yidden* encamped around *Har Sinai* with unity, every community should utilize the day of *Shabbos* to focus on the theme of *Achdus*, including through *Torah* gatherings and *Farbrengens*. Therefore this *Shabbos* is often referred to as *Shabbos Achdus*.

Preparations for the *Milchig* (dairy) meal of the first day of *Yom Tov*:

- 1. Knife: <u>PLEASE Do not use neither a dairy nor a meat knife to cut onions (or sharp items) or other vegetables (or bread)</u> because this can cause *kashrus* questions to arise. Use only a separate *pareve* knife (during the year as well.)
- 2. Oven: If one only has a single oven that is used for meat, and wants to use it to bake dairy foods, please contact the Rov.
- 3. **Dairy meal:** The custom to eat dairy foods is only on the first day of *Shovous*. For more information regarding the meal and the separation between the milk and meat meal etc. see in "Laws and Customs" below.

Sunday ה' סיון *Erev Yom Tov*

Haircuts: Are permissible today the whole day (not like *Erev Pesach* that it may be done only until *Chatzos*).

Nails: If needed – nails should be cut in honor of Yom Tov.

Mikvah: The men go to the *Mikvah Lekovoid Yom Tov*.

Today נעשה ונשמע is the day the *Yidden* said נעשה ונשמע. For a comprehensive informative shiur on the topic, go to this link http://theonlinerabbi.com/sichosonline/parshas-mishpatim/

Before *Yom Tov* Begins:

- 1. **Fires:** If it is necessary—make sure the appropriate fires are lit (for both days of *Yom Tov*). If there is no lit gas flame—light the long-lasting candle (*Yohrzait Licht*).
- 2. **Electric ignition:** If one has a range or oven that when turning the dial it ignites (by an electric spark), and wants to turn it on on *Yom Tov* (by igniting it with a pre-existing flame), they need to disconnect the plug from the socket **before** *Yom Tov* and only then may one use this oven on *Yom Tov*.
- 3. Shabbos Clocks: Ascertain that the Shabbos clocks are set for both days of Yom Tov.
- 4. *Mincha:* is like every weekday.

Candle Lighting

- 1. *Tzedaka:* Give *Tzedaka* equivalent for two days of *Yom Tov*.
- 2. Candles should be lit 18-23 minutes before sunset (Check local calendar- For NY see last page), just like every Erev Shabbos. However, if one missed the correct time they may light later but only from a pre-existing flame (preferably right before the meal).

- 3. Brochos/blessings: The two Brachos said are: שהחיינו and להדליק נר של יום טוב .
- 4. **A man that lights candles** does not recite the *Brocho* of *Shehecheyonu*. He recites it later in the *Kiddush*. Therefore it is best that he light candles right before *Kidush* so that his *Shehecheyonu* is linked to both.
- 5. **Women/girls who are going to eat elsewhere (not at home) should not forget to light candles!** If one missed lighting candles tonight, a *Rov* should be contacted after *Yom Tov* to determine what should be done for the future.

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The First Night of Yom Tov

The Frierdiker Rebbe writes in a letter (and it is quoted in *Hayom Yom*):

"Shavuos is an opportune time to do everything for the benefit of learning Torah and Avodah with Yiras Shomayim; and also to do תשובה in regards to Torah without interference from the שטן, similar to the time of תקיעות on Rosh Hashono and the day of Yom Kippur."

The Rebbe added to this: "This letter must be learned, and publicized amongst those who do not know about it."

Ma'ariv First night of Yom Tov

- 1. One must wait until nightfall (See local calendar. For the time in NY see last page) to daven Ma'ariv because we have to make sure that there are "seven complete weeks" for Sefiras Haomer. Therefore, if one generally takes in Shabbos (or Yom Tov) early, they still cannot Daven Ma'ariv earlier on Shovuos.
- 2. Ma'ariv:
 - a. Ma'ariv is of Yom Tov and starts with "Shir Hama'alos".
 - b. The Amidah is of Sholosh Regolim.

The Yom Tov meal of the first night of Yom Tov

- 1. Before the meal begins, ensure that all the women and girls have lit candles. If there are not enough candles, do not rely on lighting after the meal, rather borrow candles from a neighbor so that all the women and girls can light candles before beginning the meal.
- 2. Those who have the custom to usually take in *Shabbos* or *Yom Tov* early, today (*Shovuos*) they still may not recite *Kiddush* before nightfall. (See local calendar. For the time in NY see last page).
- 3. Kiddush is of Sholosh Regolim and we recite the Brocho of Shehecheyonu.
- 4. [If a woman recites the Kiddush, she does not recite the Brocho of Shehecheyonu, as she already did so when she lit the candles.]
- 5. **Dvar Torah** and story of the **Baal Shem Tov:** During the meal a **Dvar Torah** and a story of the **Baal Shem Tov** should be said.

In *Birchas Hamozon* of the first night of *Yom Tov*

- 1. ייעלה ויבא: We add "יעלה ויבא" in *Birchas Hamozon*. If one forgot and remembered after beginning the following *Bracha* (even if he only said "ברוך") one must return to the beginning of *Bentching*. However, if he remembered before beginning the following *Bracha*, he should say the text printed in the *Siddur*: ."ברוך...אשר נתן...".
- 2. **הרחמן הוא ינחילנו ליום שכולו טוב" Towards the end of** *Birchas Hamozon* we add **"הרחמן.**".

Tikun Leil Shovuos

- 1. Men (and older boys with their parents' permission) remain awake all night and say *Tikkun Leil Shavuos*. They go to the *Mikvah* before *Alos Hashachar* (See local calendar. For the time in NY see last page). There are a few corrections from the Rebbe regarding the *Tikun*, noted in *Likutei Sichos* vol. 28 page 315. (also quoted at the end of this document).
- 2. For the details regarding *Tikun Leil Shovuos, Mikvah, Birchois Hashachar* etc. after staying up all night see "Laws and Customs" at the end of this document.
- 3. The Previous Rebbe said (Sefer Hasichos Tof Shin Daled page 127) that on Shovuos night one has to accept on himself the yoke of Torah, in his heart and in speech by saying: "Ribono Shel Oilom, I am accepting upon myself the yoke of Torah!"

- 4. The Frierdiker Rebbe writes in a *Sicha*: In Lubavitch there were several nights that they did not recite *Krias Shma She'al Hamita*: *Shvii Shel Pesach*, *Hoshana Rabbah*, the night of *Shovuos*, and the first night of *Pesach*.
- 5. Until 5730 The Rebbe would come out to the shul at around 3:00 am and say a *Maamor* connected to *Mattan Torah*.

Monday, סיון, First Day of Shovuos - Yahrtzeit of the Baal Shem Tov

- 1. Krias Shma: Latest time for Krias Shma: (See local calendar. For the time in NY see last page).
- 2. **Aseres Hadibros**: Prepare all the children, even the babies (if it will not affect their health), to attend *Shul* to hear *Aseres Hadibros* during the reading of the *Torah* (and after that if possible *Birchas Kohanim*, which is done towards the end of *Musaf*).

Shacharis first day Yom Tov

- 1. **Hallel:** After the *Amida* of *Sholosh Regolim* the entire *Hallel* is recited and then we recite the *Shir Shel Yom*. Three **Important notes regarding Hallel**:
 - The Rabbeim, although they would Daven Baarichus, they would arrange to be with the Tzibur at Hallel.
 - It is forbidden to speak in middle of *Hallel* as it is one long *Brocho*.
 - One stands throughout Hallel.
- 2. See in the "Laws and Customs" many details regarding Hallel and Krias Hatorah.
- 3. *In Shul* the reading of the *Torah* includes the *Aseres Hadibros*. See above on the first page regarding bringing the children to *Aseres Hadibros*.
- 4. **Haftoroh:** It is very important (for those who are in *Shul*) to hear the *Haftoroh* of the first day of *Shavuos* because it discusses the *Maase Merkovo* the "chariot" that *Yechezkel Hanovi* saw, which is compared to *Matan Torah*. According to the Alter Rebbe, it should be read by someone who is knowledgeable in the subject and everyone should honor it **by standing** when it is read.
- 5. Musaf is of Yom Tov and includes Birchas Kohanim.

The Yom Tov meal first day Yom Tov

- * The Seuda is a "Simcha shel Mitzva" just like when a child goes into Cheder we celebrate with a Seudas Mitzvah, so too, Klal Yisroel started going to Cheder on Shovuos....
 - **1. Kiddush:** Kiddush at the start of the meal is that of Sholosh Regolim, beginning from אלה מועדי and אלה מועדי.
 - **2.** We eat dairy foods (each one according to his custom).
 - 3. Make sure to adhere to all the laws pertaining to the separation of milk and meat.

 For all the details regarding the dairy meal, the meat meal etc. see "Laws and Customs" at the end of this document.
 - **4. During the meal:** During the meal, a *Dvar Torah* and a story of the *Baal Shem Tov* should be said.
 - 5. Birchas Hamozon:
 - a. יעלה ויבא" in *Birchas Hamozon*. If one forgot and remembered after beginning the following *Bracha* (even if he only said "ברוך") he must return to the beginning. However, if he remembered before beginning the following *Bracha*, he should say the text printed in the Siddur: .".."
 - b. הרחמן הוא ינחילנו ליום שכולו טוב" Towards the end of Birchas Hamazon we add "הרחמן.".
- * **During the first day of** *Yom Tov***:** One is not allowed to prepare for the next day. Therefore, one may not prepare anything for tonight until after *Tzeis Hakochovim* (See local calendar. For the time in NY see last page).
- * **Tahalucha:** The custom in Lubavitch is to go on "תהלוכה" during the first day of *Yom Tov*.
- * Mincha: Korbonois, Ashrei, Uvo Letzion, Amida of Sholosh Regolim and Oleinu Leshabeiach are recited.

Monday night, Second night of Yom Tov

- 1. One may start the preparations for the meal after Tzeis Hakochovim (See local calendar. For the times in NY see last page).
- 2. It is not Minhag Chabad to light a Yizkor candle (for tomorrow's Yizkor).
- 3. **Candle Lighting:** We light the *Yom Tov* candles at home after *Tzeis Hakochovim*. Many have the custom to light right before *Kiddush*.

- 4. Candles must be lit from a **pre-existing flame.** If one is bringing a flame from a neighbor, he should make sure that it is well protected from the wind etc.
- 5. Brochos said are: שהחיינו and להדליק נר של יום טוב.
- 6. A man who lights candles does not recite the *Brocho* of *Shehecheyonu*; he will recite it at *Kiddush* (therefore many have the custom to light the candles right before *Kiddush*).
- 7. **Women/girls who will not be eating in their own homes should not forget to light candles!!** If one forgot, call the *Rov* after *Yom Tov* to check what must be done.

Ma'ariv: Ma'ariv is that of Sholosh Regolim as follows:

- 1. Start from Shir Hama'alos.
- 2. Continue *Maariv* until the *Amida* as every Friday night.
- 3. Amida of Sholosh Regolim.
- 4. Oleinu. (*Mishnayos* for the mourners).

Yom Tov Seuda (meal) Second night of Yom Tov

Before the meal begins, ensure that all the women and girls have lit candles. If there are not enough candles, do not rely on lighting after the meal, rather borrow candles from a neighbor so that all the women can light candles before beginning the meal.

- * Kiddush: Kiddush is that of Sholosh Regolim (Yom Tov), and שהחיינו
- * [If a woman recites the Kiddush, she does not recite the Brocho of Shehecheyonu, as she already did so when she lit the candles.]
- * In Birchas Hamozon we add Yaale Veyovoi (If one forgot see yesterday) and Horachamon for Yom Tov.

Tuesday, ז' סיון, Second day of Shovuos

- 1. Krias Shma: Sof Zman Krias Shma the second day of Yom Tov: (See local calendar. For the time in NY see last page).
- 2. Arrange for the children to attend Birchas Kohanim which will take place towards the end of Musaf.
- 3. Aseres Hadibros are read only on the first day of Yom Tov.
- 4. *Mikvah:* The men go to the *Mikvah Lekovoid Yom Tov*.
- 5. **Shacharis** is like the first day of *Yom Tov* (with a different *Krias Hatorah*).
- 6. **Yizkor:** After Krias Hatora, Maftir, before Musaf, **Yizkor** is added.

Yizkor:

- Yizkor is recited before Musaf.
- It is not Minhag Chabad to light a "Yizkor candle".
- Those who cannot come to *Shul* for *Yizkor* can say it at home.
- Mourners in their first year stay inside the Shul for Yizkor but they do not recite it.
- 7. After Yizkor the whole congregation (even those who went out for Yizkor) may say Ov Horachamim.
- 8. Then we recite Ashrei and Musaf.
- 9. Towards the end of *Musaf* there is *Birchas Kohanim*.

The Seuda of the second day of Yom Tov

- * *Kiddush:* Like yesterday.
- * In Birchas Hamazon we add Yaale Veyovo (If one forgot see yesterday) and Horachamon for Yom Tov.
- * *Mincha* is of *Sholosh Regolim* (*Yom Tov*) like yesterday.

Farbrengen:

* The *Rebbe* would start the *Farbrengen* before the *Shkia* (sunset). The Rebbe would wash for *Hamotzie*, eat *Challah*, (instruct the *Gabbai* to announce that whoever did not yet wash can/should go now and wash), say *Lechayim* and say many *Sichos* (a *Maamor*), and continue through the night. At the conclusion of the *Farbrengen* the *Rebbe* would recite *Birchas Hamazon*, *Daven Maariv*, recite *Havdalah* and distribute *Kos shel Brocho*. Sometimes it would last until 3 or 4 AM!

The Rebbe would mention:

1. *Chitas:* During the *Sichos* the Rebbe would also remind everyone about <u>Chita''s - החיית</u> and its connection to *Shavuos:* Chumash – Moshe Rabeinu; Tehillim – Dovid Hamelech; Tanya – the Baal Shem Tov.

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- 2. **Rambam:** The Rebbe encourages regarding the learning of the **Rambam**.
- 3. *Kinus Torah:* A special *Sicha* was devoted to the "Kinus Torah" that would take place the day after Yom Tov.
- 4. *Mivtzoim:* The Rebbe would remind everyone about *Mivtzoim*.
- * This Seuda is a "Simcha shel Mitzva" just like when a child goes into Cheder we celebrate with a Seudas Mitzvah, so too, Klal Yisroel started going to Cheder on Shavuos....

Therefore, recently the custom is that:

- 1. We conduct a Farbrengen, by washing our hands like for any other meal before the Shkiah, on Challoh.
- 2. During the Farbrengen one of the assembled recites/reviews a Ma'amer Chassidus.
- 3. We say *Lechaim*.
- 4. We remind everyone those things that the Rebbe would mention at the *Shavuos Farbrengen* (mentioned above), *Chitas, Rambam, Kinus Torah, Mivtzoim*.
- 5. *Niggunim:* Lately, it is also customary to sing *Niggunim:*
 - a. From all the Rabbeim and Reb Levi Yitzchok,
 - b. The Rebbe's Nigunim.

Here is a list of **The Rebbe's Niggunim**: 1. במאה לך נפשי. (the slow one); 2. הרא שעמדה . 3. והיא שעמדה . 5. לסעודתא . . (The one that we sing on Yom Kippur in Davening). 6. לסעודתא . 2. במאה לך נפשי.. עך טי דורין מארקא . 6. אנעים וחדש . . 10. אנעים זמירות . 13. האדרת והאמונה . 13. בארת והאמונה . 14. האדרת והאמונה . .

May we merit this year to receive Kos Shel Brocho from Moshiach Himself!

Birchas Hamozon: In Birchas Hamozon we add Yaaale Veyovo and Horachamon of Yom Tov.

At the end of *Yom Tov* (See local calendar. For the time in NY see last page):

- *In *Maariv* we recite "Ato Chonantonu", (Vihi Noam and Veato Kodoish are not recited).
- *We recite *Havdalah* but we do not use *Bsomim* or a *Havdolo* candle. *Veyiten Lecho* is not recited.

We wish each other:

א געזונטן זומער און א פרייליכן תמיד "A healthy summer and a joyous *Tomid* (always)"

* Tachanun is not recited through the 12th of Sivan.

Isru Chag:

- * The day after Shovuos is called "Yom Tovoiach" (the day they brought some of the Korbonois connected to Shovuos).
- * Kinus Torah: in 770 (and in other places), a "Kinus Torah" (gathering devoted to talks of Torah) takes place where Rabonim and Roshei Yeshivos share words of Torah.

May we merit this *Shovuos* (and even prior to that) to receive the "Torah Chadosho Me'iti Tetze" ולקבלת התורה בשמחה ובפנימיות.

Rabbi Levi Yitzchok Garelik

Rabbigarelik@sichos.online

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P.S. An exercise for the family:

All the *Halochos* of *Shavuos* are the same as all *Yomim Tovim* (Cooking, lighting fires, carrying etc.)

There are some **customs/Minhogim** that make *Shavuos* different (eating *Milchigs, Tikun Leil Shavuos* etc.).

Do you know of a *Halocho* that is different on *Shavuos* from all *Yomim Tovim*? Let me know at the above email address.

Thanking you in advance.

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Corrections of the Rebbe to the Tikun Leil Shovuos

א) ב"תיקון ליל שבועות" — בכל הדפוסים שראיתי — הסיום דספר יצירה ב"א ב"תיקון ליל שבועות" — בכה ואחד בלב". ... נאמנת בפנים . . אחד בפה ואחד בלב".

ולפענ"ד אינו נכון. כי (נוסף לזה שחסר סיום בדבר טוב, הרי) נוסח זה אינו מובן כלל.

וצריך להיות, כמו שהוא בכו"כ הוצאות דספר יצירה הגדפס בפ"ע: נאמנת ג' רעות ללשון דיבור רע והמלשין והמדבר אחד בפה ואחד בלב ג' טובות ללשון שתיקה ושמירת הלשון ודיבור אמת".

ומענין לענין: ב"תיקון" שנדפס בסלאוויטא (ועוד) בהעתקת מאמרו של רשב"י: "אנן בחביבותא תליא מילתא דכתיב כו׳", הובאו רק ב' פסוקים.

וצ"ל כבזהר: "אנן בחביבותא תליא מילתא דכתיב ואהבת את ה' אלקיך וכתיב מאהבת ה' אתכם וכתיב אהבתי אתכם אמר ה"".

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Halachik Times for Shovuos 5785

These times (from *Luach Colel Chabad* and *Chabad.org*) are <u>for N.Y. area ONLY</u>:

Erev Yom Yov:

Candle lighting: 8:02

Tzeis Hakochovim the first night of Yom Tov: 8:54 pm (some say 9:01)

First day of Yom Tov:

Alos Hashachar: 3:34 am (some say 3:41)

Mishyakir: 4:26 am

Honeitz Hachamo: 5:27 am Sof Zman Krias Shma: 9:07 am

Tzeis Hakochovim second night of Yom Tov: 9:12 pm

Second day of Yom Tov:

Sof Zman Krias Shma: 9:07 am

Shkiya: 8:22 pm

Motzoei Yom Tov: 9:12 pm

Letter from the Rebbe for Shavuos

RABBI MENACHEM M. SCHNEERSON Lubovitch 770 Eastern Parkway Brooklyn 13, N. Y.

HYoninth 3-9250

מנחם מענדל שניאורסאהן ליובאווימש

770 איסטערן פארקוויי

By the Grace of G-d Erev Shovuoth, 5722 Brooklyn, N.Y.

Mr. Chayim Yaakov Lipschitz 168 Warburton Avenue Hastings-on-Hudson, N.Y.

Greeting and Blessing:

I take the opportunity of this auspicious time, on the eve of the Festival of Mattan Torah, to acknowledge receipt of your letter of May 31st.

And in connection with this central festival, the Season of Our Receiving the Torah, the eternal Torah which is also the Torah of life, I send you the traditional Shovuoth blessing of my father-in-law of saintly memory - to receive the Torah with joy and inwardness, with a goodly measure of inspiration to last through the year.

With prayerful wishes and kindest regards,

With blessing for Schwerton

In view of your mentioning that you plan a trip to Europe and to work in Italy, I trust you may have an opportunity to visit Milan and get acquainted with a young couple, Rabbi and Mrs. Garelik (Via Giulio Uberti 41). Rabbi Garelik was born, Mrs. Garelik (Via Giulio Uberti 41). Rabbi Garelik was born, and for the first decade of his life brought up, under the Bolshevik regime. His wife is an American born girl, who gave up all the amenities of American life to join her husband in a mission to spread Yiddishkeit in Italy, especially among the young generation. Despite initial difficulties and the language problem, they have succeeded in their work thanks to their problem, they have succeeded in their work thanks to their dedication and inspiration which have won them recognition and admiration. It goes to emphasize the common bonds which unite Jewish people everywhere by means of the Torah and Mitzvoth which are eternal and know of no boundaries. In a sense, the art of sculpture is analogous, in that by means of the creative idea it animates the inanimate raw material, giving it form and life that evoke responses in the viewer.

I trust Mrs. Lipschitz will find interest in the enclosed copy of my message to the recent convention of the Chabad Women.



Laws & Customs: Sivan & Shavuos

For the year 3/03

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SHABBOS MEVORCHIM / CHAZAK

The Baal Koreh receives the Aliyah containing the Tochecha, and he recites the Brocho both before and after it. He is not formally called up to the Torah, but he does receive the Mi Sheberach afterward.

The *Tochecha* is read more quietly and quickly than usual. Obviously, one must still hear every single word clearly.

The Aliyah of Chazak is given to a prominent individual. The entire congregation stands for the last Posuk.

Unlike every other Shabbos Mevorchim, Av Harachamim is recited on Shabbos Mevorchim Sivan, in memory of the tragedies that occurred during this month. [Thus, it is recited even when there is a Bris.]

It is customary for the *Gabboim* to arrange a *Farbrengen* with the aim of increasing resolutions in learning *Torah*, keeping *Mitzvos B'hidur*, and rejoicing in the completion of the *Torah*.

The fifth chapter of *Pirkei Avos* is recited after *Mincha*.

SIVAN

Tachnun is not recited from Rosh Chodesh Sivan (Tuesday evening) until after the twelfth day of Sivan. One should not undertake a fast on these days, even for a Yohrtzeit. [However, a Chosson and Kallah do fast on their wedding day, unless it takes place on the day after Shavuos.]

Many customs of mourning associated with *Sefirah Haomer* no longer apply from the first **morning** of the *Shloshes Y'mei Hagboloh*. Nevertheless, one should not take a haircut until *Erev Shayuos*.

SHABBOS BAMIDBAR

In 5746, the Rebbe made a "Bakasha Nafshis" (heartfelt request) that, in association with Rosh Chodesh Sivan, when the Jewish people encamped around Har Sinai with unity, every community should utilize the day of Shabbos to focus on the theme of Achdus, including through Torah gatherings and Farbrengens. This

Shabbos is often referred to in Chabad circles as Shabbos Achdus.

Av Harachamim and Tzidkosecha are **not** recited this Shabbos.

For Parshas *Nasso*, which is read at *Mincha* and continues into the following week, there are differing opinions regarding the divisions of the *Aliyos*. According to Chabad custom, the last *Aliyah* at *Mincha* (as well as Monday and Thursday) ends at *Perek 4 Posuk 33*. For the purposes of *Chitas*, *Rishon* ends at *Perek 4 Posuk 28*, and *Shishi* ends at *Perek 7 Posuk 82*.

The sixth chapter of *Pirkei Avos* is recited after *Mincha*.

Vihi Noam and V'atah Kaddosh are **not** recited on Motzei Shabbos.

YOM TOV PREPARATIONS

The Mitzvah of V'Samechta B'Chagecha entails eating meat, drinking wine and enjoying delicacies; providing new clothing or jewellery for one's wife according to his means; and giving sweets to the children. These should be arranged in advance.

Prior to every *Yom Tov*, the Rebbe emphasized that the *Yom Tov* requirements of the needy be fully met. *Yom Tov* is also an especially appropriate time to host guests.

One should make spiritual preparations for *Shavuos*. These include learning *Torah* – especially the laws of *Shavuos* and topics related to *Matan Torah*, as well as increasing in *Ahavas Yisroel*.

In the lead-up to *Yom Tov*, one should do all within his or her power to reach out and ensure that all Jews — men, women, children and even small babies (health permitting) — attend *Shule* to hear the *Aseres Hadibros*.

FLOWERS AND FOLIAGE

Shulchan Oruch mentions the custom of decorating the Shule with trees (since Shavuos is the day of judgement for fruits), and flowers (to commemorate the foliage that appeared on barren Har Sinai). For various reasons, it is not our

custom to decorate *Shule* with trees and flowers, but this may be done at home.

Flowers and decorative leaves or branches that were cut and arranged prior to *Shavuos* are regarded as decoration and are not *Muktzeh*. Therefore, when necessary, they may be moved on both *Yom Tov* and *Shabbos*. However, if some of the flowers are not yet in full bloom and exposure to additional moisture will induce them to blossom further, the vase must be moved very gently so that the water level remains constant.

When all flowers are already in full bloom, and exposure to additional moisture will not cause them to blossom further, the following further leniencies apply:

- One may take flowers out of the vase of water. One may also return the flowers to the same vase, as long as the original water was not changed.
- One may place the flowers into a new vase that was prepared and filled with water before Shavuos.
 One may also add flowers to an existing vase that already held flowers from before Shavuos.
- On Yom Tov (but not on Shabbos), one may top up the water in a vase if necessary, but the ratio of the new water must be less than half of the total volume. One may certainly not replace the existing water.

A potted plant should not be moved due to two concerns – *Muktzeh* and aiding plant growth. [In principle, these issues are subject to differing *Halachic* opinions and other variables.] If a potted plant accidentally overturns, or some soil spills out, it should be left alone. [If doing so will cause a significant hindrance or inconvenience, a *Rav* should be consulted.]

For practical purposes, a potted plant should generally be treated as attached to the ground. Therefore, one may not water it at all or detach any of its leaves or branches. One may not lean on a potted tree or shrub, move it with his hands even ever so slightly, place anything in its branches, or remove anything caught in its branches.

Flowers, branches or leaves that were detached (regardless of the cause) on *Shavuos* are *Muktzeh*. The same applies even if there is just a doubt as to whether it became detached on *Shavuos*. It goes without saying that anything still attached to the ground is *Muktzeh*.

One may smell flowers and plants on *Shavuos* — even if still attached to the ground (and hence *Muktzeh*). One should remember to recite the appropriate *Brocho*. However, one may not smell attached fruits.

EREV SHAVUOS

On *Erev Shavuos*, one should not donate blood, take a blood test, or undergo any procedures involving blood loss. [Of course, this prohibition does not apply in a case of *Pikuach Nefesh*.]

It is appropriate to take a haircut in honour of *Shavuos*, but not before *Erev Yom Tov*.

If applicable, one's nails should be cut in honour of Yom Toy.

It is a *Mitzvah* to immerse in a *Mikvah* on *Erev Yom Tov*, after midday.

Just like on *Erev Shabbos*, it is preferable to refrain from beginning a full meal once the tenth *Halachic* hour of the day begins (See local calendar), in order to properly enjoy the *Yom Tov* meal at night. However, one may snack in small quantities.

Shavuos is an opportune time to enhance one's Torah learning and make positive resolutions — without hindrance from the Satan — to increase (both quantitatively and qualitatively) in one's private and public Shiurim of both Nigleh and Chassidus; to spread Torah to others; to enhance one's adherence to the daily study of Chitas and Rambam; and to accept upon oneself the Ol Shel Torah (yoke of Torah).

The Rebbe's customary *Shavuos* greeting: "Kabbolas Hatorah B'Simcha ub'Pnimiyus" means "May you receive the *Torah* joyfully and internally".

CANDLE-LIGHTING

Prior to candle-lighting on *Erev Yom Tov*, one should give *Tzedakah* for the two days of *Yom Tov*.

One should arrange a pre-existing flame with which to light the candles on the second night of *Shavuos*.

Candle-lighting is at (See local calendar). The *Brochos* are *L'Hadlik Ner Shel Yom Tov* and *Shehecheyanu*. [If one incorrectly concluded *Shel Shabbos Kodesh*, but realized within the time it takes to say three words, she corrects her mistake. Otherwise, she must repeat the entire *Brocho*. If one forgot *Shehecheyanu*, she should have in mind to be *Yoitzei* during *Kiddush*.]

If lighting at home but eating the *Seudah* elsewhere, one must ensure that practical benefit is derived from the candles after nightfall (such as arranging for someone to eat by its light, or lighting in a location that needs to be used and would otherwise remain dark).

Since it is *Yom Tov*, if one neglected to light at the proper time, one may – and should – light candles on *Yom Tov* itself, from a pre-existing flame.

When a man is required to light candles, he does not recite *Shehecheyanu*, as he will do so in *Kiddush*. [Therefore, it is best that he lights candles right before *Kiddush*, so that his *Shehecheyanu* is linked to both.]

FIRST NIGHT OF SHAVUOS

On the first night of *Shavuos, Maariv* (and *Kiddush*) should not begin before *Tzeis Hakochovim*.

A woman who needs to recite her own *Kiddush* should not say *Shehecheyanu*, as she already did so at candle-lighting.

One must drink (a *revi'is* of) wine each day of *Yom Tov*. This should be paid special attention by those who do not make their own *Kiddush*.

YA'ALEH VEYAVO IN BENTCHING

If one forgets Ya'aleh Veyavo in bentching, but remembers before saying Hashem's name at the end of Bonei Yerushalayim, he goes back. If one remembered after that, but before beginning the next Brocho, he recites the relevant Brocho printed in the Bentcher. If one began even the first word of the next Brocho, he must begin bentching again if it is one of the two required meals of Yom Tov, but not if it is a third optional meal.

The Horachamon for Yom Tov is recited.

TIKUN LEIL SHAVUOS

The custom is to stay awake the entire first night of *Shavuos* learning *Torah*.

Needless to say, the night of *Shavuos* is not the appropriate time for lectures or forums about social, economic, political and communal issues. Although important, they cannot really be regarded as a form of *Torah* study – unless the focus is to explore the *Torah's* perspective.

The recitation of *Tikun Leil Shavuos* should be prioritized over all other forms of learning and *Shiurim*.

One should be mindful of errors that have crept into the text of the *Zohar* and *Sefer Yetzirah* in many printed editions. One should recite the text as corrected in *Likutei Sichos* volume 28, page 315.

The *Tefillos* and *Yehi Ratzons* that appear in some editions of *Tikun Leil Shavuos* are omitted, and *Kaddish* is not recited.

If, for whatever reason, one did not complete the entire *Tikun Leil Shavuos* on the first night of *Shavuos*, he should do so at the earliest opportunity.

Shortly before dawn (See local calendar), one immerses in the *Mikvah* four times.

At dawn, one washes *Neggel Vasser* and recites *Brochos*. One should not begin learning *Torah* after dawn until he concludes the morning *Brochos*.

The *Brocho* of *Tzitzis* is not recited at this time as it is still too early.

After staying awake the entire night, it is generally recommended to sleep for several hours and *daven* at the usual time, in order to *daven* with proper focus and without rushing.

Since *B'dieved* one fulfils his obligation when reciting the daytime *Shema* immediately after dawn, it is worthwhile to recite it then, with the intention that he thereby fulfils his obligation only if he fails to recite it later at the proper time.

One does not recite *Krias Shema She'al Hamittah* when going to sleep after dawn.

If one chooses to *daven* before going to sleep, he should ensure that he recites the *Brocho* of *Tzitzis* and *Shema* after the earliest time (See local calendar), and *Shmoneh Esrei* after sunrise (See local calendar).

The *Brocho* of *Tzitzis* is not recited on a *Tallis Koton* worn overnight. One who does not wear a *Tallis Gadol* should change his *Tallis Koton* before reciting the *Brocho*.

SHACHARIS & HALLEL

Care must be taken to recite *Krias Shema* within its proper time (See local calendar). One who goes to sleep before *davening* should ensure that he awakens in time to recite *Shema*.

Full Hallel is recited on Shavuos. When reciting Hallel, one may not interrupt it - other than for those things that one may respond to during the Brochos of Krias Shema. [I.e. If the Chazzan recites Kedushah, one responds Kodosh, Boruch and Yimloch. When the Chazzan says Ha'E-I Hakodosh, one answers Omein. When the Chazzan says Modim, one answers the three words Modim Anachnu Loch. When the Chazzan recites Kaddish, one answers Omein Yehei Shmei etc, and Omein to d'amiran b'olmo. One also answers Borchu and Omein when the Brochos are recited before and after an Aliyah or Haftorah.]

Hallel is recited standing (unless one is feeble or infirm).

It is preferable to recite *Hallel* with the *Minyan*. If one is not up to the *Minyan*, this creates a dilemma; on the one hand it is fitting to recite *Hallel* with the congregation (if he hasn't yet begun *Boruch She'omar*), and on the other hand, it is proper to *daven* in the correct order. For this reason, the *Rebbeim* were punctilious about being up to *Hallel* when the *Minyan* recited it on *Yom-Tov*.

If one forgot to recite *Hallel*, he should recite it with a *Brocho* as soon as he remembers, as long as it is before sunset (or without a Brocho until *Tzeis*).

If one mistakenly recited half-Hallel, he must repeat the entire Hallel (without a *Brocho*).

KRIAS HATORAH

It is not our custom to recite *Akdomus*. (The *Rebbe* would recite it quietly.)

The *Aliya* containing the *Aseres Hadibros* is given to a prominent individual.

The *Rebbe* instituted that all men, women, children, and even newborns (health permitting), attend *Shule* to

hear the *Aseres Hadibros*. The congregation stands and faces the *Sefer Torah* while the *Aseres Hadibros* is read.

The first day's *Maftir* is given to a learned and prominent individual, due to the special significance of this *Haftorah*. The congregants read along in an undertone, and some have the custom to stand up while reading it.

FIRST DAY – YOM TOV MEAL

The Mitzvah of V'Samechta B'Chagecha requires one to celebrate Yom Tov with his family. As such, one should not overly prolong time spent at any communal Kiddush or Farbrengen.

If possible, one avoids starting the meal after the tenth *Halachic* hour begins ((See local calendar), in order to preserve an appetite and properly enjoy the *Yom-Tov* meal of the second night.

It is customary to eat *Milchigs* on the first day of *Shavuos*. By the same token, *Yom Tov* must be celebrated with the consumption of meat.

One of the reasons for eating *Milchigs* is to emphasize that *Yidden* — unlike the angels who visited *Avraham Avinu* — are careful to separate milk and meat. As such, special care must be taken to uphold all the *Halachos* of *Kashrus*. These include:

- Waiting one full hour after Milchigs, or six hours after cheeses cured for more than six months. [It may not be practical to consume aged cheeses on Shavuos, as one must also eat meat later on.]
- Making a Brocho Acharona between Milchigs and Fleishigs.
- Not using the same tablecloths, utensils or loaves for *Milchigs* and *Fleishigs*.
- If the same table is shared by individuals eating Milchigs and Fleishigs, a Hekker (Halachically valid marker) must be used. This can generally be achieved by using separate placemats or placing something distinctive and unusual in between.
- Not eating Milchigs together with Challah baked in a Fleishig oven or vice versa. [There are grounds to be lenient if the Challos weren't physically touching any part of the oven, and the oven was both

- absolutely clean and devoid of steam whilst the *Challos* were baking.]
- Not baking a Milchig or Fleishig loaf
 of bread lest people mistakenly
 assume it is Parve. Even if already
 baked, it may not be eaten.
 Exceptions: The loaf has a distinctive
 shape, or it is visibly and obviously
 noticeable as Milchig or Fleishig, or
 it is small enough to be completely
 consumed within one day.
- Using separate knives and blenders (or Parve utensils) to cut vegetables used with Milchigs and Fleishigs. This is especially important when cutting sharp vegetables (e.g. onions), as they assume the knife's status even if it was clean and unused in the 24 hours prior.
- If Parve food was already cooked in a Fleishig pot, and the pot had not been used for Fleishig in the 24 hours prior, the *Parve* food may be eaten with Milchig food. If the pot had been used for Fleishig in the 24 hours prior, the Parve food may be served in Milchig dishes, but not eaten directly together with Milchig food. [All the above applies to *Parve* food already cooked in a Fleishig pot. However, one should not plan in advance to prepare Parve food in Fleishig cookware for use with Milchigs; in cases of need, a Rav should be consulted.]

Needless to say, *Chassidim* (among others) are careful to eat only *Chalav Yisroel*. Accordingly, one should not even eat *Parve* or *Chalav-Yisroel* foods that came into contact with non-*Chalav-Yisroel* utensils whilst hot.

The *Brocho* on cheesecake containing flour is *Mezonos*, even if the crust is thin.

The first day of Shavuos is the Yohrtzeit of the Baal Shem Tov, and is therefore an opportune time to share a teaching and story of the Baal Shem Tov. Shavuos is also associated with Moshe Rabbeinu (who received the Torah) and Dovid Hamelech (who compiled Tehillim). Therefore, Shavuos is an opportune time to enhance one's commitment to learning Chitas.

FIRST DAY AFTERNOON

One may **not** perform any preparations on the first day for the second night and day of *Yom Tov*.

The *Rebbe* instituted the custom of *Tahalucha*, directing all *Chassidim* to visit community *Shules* and enhance their *Simchas Yom Tov* by sharing words of *Torah* (both *Nigleh* and *Chassidus*). The Rebbe attached much importance to *Tahalucha*.

SECOND NIGHT OF SHAVUOS

The candles should be kindled with a pre-existing flame, and not before *Tzeis Hakochavim* (See local calendar). The *Brochos* are *L'Hadlik Ner Shel Yom Tov* and *Shehecheyanu*. [See the "Candlelighting" section for further relevant details.]

Maariv should not begin before this time, nor should tasks or preparations required for the second night and day of *Yom Tov* be performed before this time.

Candles must not be waxed into place, nor may wicks be twisted. If needed, wax from the previous night may be removed in a way that it falls directly into the bin.

Second Day of Shavuos

Some have the custom of reading *Rus* in Shule on the second day of *Yom Tov*. Although that is not our custom, the link between *Rus* and *Shavuos* is preserved by reading the entire *Sefer* as part of *Tikun Leil Shavuos*.

Yizkor is recited before Musaf. Those who leave the Shule for Yizkor may recite "Av Harachamim" after Yizkor if they wish.

After Mincha and before sunset of the second day of Yom Tov, we wash for Hamotzi and partake in a Farbrengen at which the Nigunim of the Rebbeim (and the Daled Bavos) are sung. At these Farbrengens, the Rebbe would frequently speak about learning Chitas and Rambam; about the importance of Chinuch; and encourage everyone's participation in the Kinus Torah.

№ Motzei Shavuos

Ya'aleh Veyavo (and Horachamon) is recited during Bentching, even if it is already Tzeis Hakochavim (See local calendar).

On *Motzei Shavuos, Kiddush Levana* is recited after *Maariv*.

Havdalah is recited without Besomim and candles. V'Yiten Lecha is not recited.

AFTER SHAVUOS

The day after *Yom Tov* is known as "*Yom Tovo'ach*". It is also *Isru Chag*, and should be celebrated with additional food items. One may not fast on this day – even a *Chosson* and *Kallah* on their wedding day.

In association with the *Yom Tov* of *Shavuos*, the *Rebbe* encouraged all to attend a *Kinus Torah*. [The *Kinus Torah* in Melbourne will take place at *Yeshivah Gedolah* on *Motzei Shabbos* after *Shavuos*, from 8:00-10:30pm.]

The days after *Shavuos* until the twelfth of Sivan (inclusive) are known as "Y'mei Tashlumin", during which Tachnun is not recited. The *Alter Rebbe* once remarked that these are the days to "pack" all the treasures and revelations of *Shavuos*.

On the *Shabbos* after *Shavuos* (11th Sivan), *Av Harachamim* and *Tzidkosecha* are not recited.



№ INTERNATIONAL DATE LINE

One should not cross the International Date Line (one-way) during *Sefirah Haomer*, unless absolutely unavoidable.

Polar flight routes can be problematic. If travel by such a route is necessary, or after the fact, one should seek guidance from a *Ray* familiar with these matters.

If one crossed the International Date Line, he observes *Shavuos* in accordance with his personal count of *Sefiras Haomer*. Thus, his first day of *Shavuos* will not coincide with the sixth of *Sivan*; the day of *Matan Torah*.

One who travelled east (e.g. from Australia to USA) observes *Shavuos* a day earlier than the people at his destination (i.e. on Sunday and Monday, the fifth and sixth of *Sivan*), and these *Halachos* are relevant:

- Sunday: This day is Yom-Tov for the traveller but weekday for the local populace. The traveller should light candles, recite the Yom Tov Tefillos and Kiddush, but omit the three words "Zman Matan Toraseinu". On Motzei Shabbos, he needs to recite Vatodienu during Maariv, and Yaknehaz at the nighttime Kiddush.
- Monday: This is the second day of Yom-Tov for the traveller but the first day for the local populace. The traveller observes Yom-Tov as usual, and includes the three words "Zman

- Matan Toraseinu" in his Tefillos. At the end of this day, the traveller recites Havdallah in private.
- Tuesday: This day is Yom-Tov for the local populace but weekday for the traveller. The traveller should don Tefillin and daven the weekday Tefillos. Other than that, he should not perform any Melocho, even in private. Likewise, for appearances sake, he should act as though it is Yom Tov, such as wearing Yom Tov clothing and attending Shule.

One who travelled west (e.g. from USA to Australia) observes *Shavuos* a day later than the people at his destination (i.e. on Tuesday and Wednesday, the seventh and eighth of *Sivan*), and these *Halachos* are relevant:

- Monday: This day is Yom-Tov for the local populace but weekday for the traveller. The traveller should don Tefillin and daven the weekday Tefillos. Other than that, he should not perform any Melocho, even in private. Likewise, for appearances sake, he should act as though it is Yom Tov, such as wearing Yom Tov clothing and attending Shule.
- Tuesday: This is the first day of Yom-Tov for the traveller but the second day for the local populace. The traveller observes Yom-Tov as usual; however, he omits the words "Zman Matan Toraseinu" in his Tefillos.
- Wednesday: This day is Yom-Tov for the traveller but weekday for the local populace. The traveller should light candles, recite the Yom Tov Tefillos and make Kiddush, but omit the three words "Zman Matan Toraseinu". At the day's conclusion, the traveller recites Havdallah in private.

Whenever the traveller's *Tefillos* differ from those of the local populace, he should *daven* discreetly and not call attention to the fact.

When it is *Yom-Tov* for the traveller but weekday for the local populace, the traveller may not instruct another Jew to perform *Melocho* on his behalf. In fact, if the traveller notices someone doing *Melocho* for his benefit, he must object. However, if the *Melocho* was not performed on the traveller's behalf, or he didn't know about it until after it was completed, he may benefit from it.

Yizkor is recited together with the local community.